

# LEMURIAN PHILOSOPHY

## LESSON 1

# PRECIPITATION

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LEMURIAN  FELLOWSHIP  
*Balance. Purpose. Enlightenment.*

LESSON ONE

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## A PERSONAL MESSAGE

It is with real pleasure that we welcome you as a student of the Lemurian Philosophy, our fondest hope being that this marks the beginning of a true friendship and lasting association. You will find that ours is a warm and personal concern for your greater well-being and that we sincerely desire to see you attain the good you most want from life. Because we can help you to better advantage when you write us frequently, we hope to hear from you at least once a month.

Everyone connected with the Lemurian Fellowship is devoting his or her life to the Great Work, and in those who will be corresponding with you as a student, you will find compassionate understanding actuated by the most loving motives. If you will regard those of the teaching staff with reciprocal friendliness, dismissing any feeling of hesitation when discussing yourself, your problems, or your needs, increased understanding and rapport will develop between you and the Fellowship and add to your overall progress.

You will notice that Fellowship correspondence does not include a personal signature. One reason is that the experience background of more than one Fellowship teacher may be a part of responses to student correspondence. And very importantly, this approach has given students a greater feeling of the Fellowship as the mundane channel, helping them focus on the purpose of *this Work* in their lives, rather than "personalities" they may unconsciously identify with. Rest assured that all letters are prepared individually as most helpful to each student.

The sincere study and application of the material released in this first lesson can mark the beginning of a new and wonderful adventure in living, opening fresh vistas of beauty and power, and leading you into a life that no longer needs to seem monotonous or frustrating. We are coming into an age when an ever-increasing understanding of people's spiritual and mental powers will enable them to transcend anything known today. Your understanding use of the laws and principles released in the Lemurian Philosophy will prepare and qualify you to participate in and share these superior benefits.

Through this study, you will gain a better understanding of yourself and others. The reasons behind seeming injustices and inequalities in life will become clearer to you, and you will learn how to work with any such appearances in your own life and affairs. You will learn how to put into operation causes that will not only enable you to transcend

unfavorable conditions, but discover and take full advantage of higher and finer ones than ever before experienced.

You will be led into fascinating fields of history, truth, and wisdom, gaining an understanding of the so-called mysteries that have intrigued people's minds through the ages. When the term "mystery" is used in the Lemurian Philosophy, this has to do with beliefs or truths that over the ages seem to have been hidden or beyond human understanding. Yet through the Lemurian Philosophy you will discover these can become clearer as you study and use the simple yet profound truths the *Lemurian Brotherhood* has revealed in these lessons. Many isolated and little-understood facts gathered through thousands of years of human experience will be correlated into the perfect whole of what you are to receive.

As your study progresses you will be taught and trained in the use of principles helpful in transforming your life into one of serenity and beauty. These are neither idle words nor a mere Utopian dream. They are part of the fulfillment of Christ's prayer for the manifestation of the Kingdom of God here on earth — a kingdom which *must be brought about by conscientious individuals through their understanding and wise use of the laws of God and Nature*.

Because this is the first lesson, it is naturally the most elementary. Yet, it is the foundation for the entire course of study, and all it contains is basic and necessary to your comprehension of the lessons to follow. It is most important that you give good thought to the many matters introduced in this and later lessons throughout the course, for the progress you make and the benefits you derive will be commensurate with your understanding of these principles.

Some who have previously studied along these lines may feel they already know all that is contained in this first lesson. And it may be that you, like others, have behind you many years of study and reading; yet, if you had really mastered all the information contained in this one lesson, you probably would not be seeking a better way of life, or be confronted with the conditions that prompted you to undertake this study.

From long experience, we have found that most such students have, at best, only an academic understanding of the matters explained. Not only is this of little practical value, but it often leads to misconceptions that are difficult to overcome unless our presentation is closely followed. Far too many seekers of truth have been so concerned with supernatural information and psychic phenomena that what they might have learned — what could have been of real value to them in their

everyday affairs — was either overlooked or not properly correlated in their minds. And while such information makes interesting conversation when discussed with those of like mind, it is of little benefit otherwise.

The desire and purpose of the Lemurian Fellowship is to *train* you to *use* what is contained in the lessons of the Lemurian Philosophy. All you have previously learned that is satisfying and good will be no less so because of this study, but the object of this training is to learn by *doing*. Only in this way can you build within yourself qualities and abilities essential to fulfilling life's purpose.

The information in this and later lessons is released for the purpose of helping those who sincerely desire a better and more satisfying way of life. If you are to gain the utmost from this study, hold in abeyance any preconceived ideas that are contrary to what you learn here. Also bear in mind that this is only the first of twelve lessons in the Lemurian Philosophy, each of which is equally informative and explanatory, and that all the information is graduated to meet the growing understanding of a student. Regardless of previous study, you will soon discover that this course contains much that has never before been released to any general student body. It is all a part of the Great Work of the *Lemurian Brotherhood*.

No matter what may be your religious belief, you will not be expected to forego any of the beauty of your present conception of life. Rather, it will be enhanced, for this Philosophy is designed to lay the foundation for the world of the future, offering the greatest of all challenges and opportunities to each individual undertaking it. In time to come, all humanity will adhere closely to God's universal laws and principles, and in so doing, will finally enjoy the good people were meant to have.

Undertaking the study of the Lemurian Philosophy could prove to be the most wonderful experience ever to come into your life; or it might mean nothing at all. Everything depends on your desire to progress, the goals you hope to achieve, and the time, thought, and effort you are willing to put forth toward this accomplishment. Enter into this study with an open mind and without reservations, and before long your life will take on a new and deeper meaning. The unfulfilled longing within your heart will be satisfied, while your questions concerning life, God, and the universe, as these relate to the individual, will be answered in due course.

*If you would enjoy such spiritual blessings as greater self-confidence, courage, happiness, and security, the study of the Lemurian Philosophy and application of the principles it teaches must play important*

*roles in your life and affairs.* Only in this way will you earn greater enlightenment, and experience the degree of satisfaction you seek.

Make it a point to study a part of your current lesson every day. Even fifteen minutes devoted to this, when you may feel you don't have the time, will help you form the habit and maintain a rhythm. Becoming regularly immersed in your lesson study will have a surprisingly beneficial effect on your outlook on life. Bear in mind that we always find time to do the things we really *want* to do. And you must agree that nothing can be more desirable or important than your personal well-being mentally, materially, physically, and spiritually. If you really want this, your study and application of the Lemurian Philosophy will confirm it.

In closing, let us say that your decision to work toward greater egoic advancement through the Lemurian Philosophy is a vitally important one. And your association with the Fellowship could easily become the most fascinating, profitable, and happy undertaking of your present incarnation. May this be true!

In fellowship and service,

LEMURIAN FELLOWSHIP



## STUDYING FOR SUPERIOR RESULTS

Second only to the importance of the lesson information is how you approach the study and how regularly you pursue it. Despite the popular tendency to "multi-task," the mind functions best when there are few distractions, since it's been proven that our minds actually concentrate on only one thing at a time. The body should be at ease, and comfortable clothing, study position, and room temperature aid concentration. Adequate lighting should also be provided.

Choosing a specific study time, if possible, will eventually enable you to absorb more information with greater efficiency. With busy lives, we know it can take time to find the best study time for yourself. But once you do this, you will soon discover that your mind becomes more alert and receptive at this hour. You may have discovered this for yourself when doing homework as you went through school.

Spend at least four weeks on a lesson, keeping in mind that you are learning to *use* what you're studying. When beginning a new lesson, take whatever time you need to read it through. Then it's up to you. You may read the questions and begin searching for answers. Or you may want to try answering the questions first, checking yourself with a second reading.

What you retain from your study depends to an important degree on your attitude. Try to begin with an open mind. Curiosity will help, as will enthusiasm for what you are about to learn. This keeps the work interesting, and not only will you absorb the information more rapidly, but you will find yourself looking forward to your study hour with eagerness and anticipation.

### *The Benefits You Will Realize*

This training is designed to help you become a better person. You will learn about cosmic law, how it affects your life as well as the lives of others. You will learn that by cooperating with the laws and principles that govern this universe, you are working with powerful and constructive forces that can help you transform your life into all you want it to be.

Through the Lemurian Philosophy you can learn to overcome the undesirable habits and weaknesses that deter your unfoldment. You can strengthen your character and gradually become an inspiration to

others as you strive to earn citizenship in the forthcoming New Order. Beginning with this lesson, the study habits you form and the foundation you lay in applying the principles revealed will largely determine what you will gain from the Lemurian Philosophy.

The Fellowship will be able to tell much about your approach to the Philosophy by the care and thoroughness you use in preparing your lesson paper. Be sure to think through each question before answering it. Check your paper for errors before you submit it.

The Elder Brothers will also be interested in how you respond to their Plan. As you conduct your lesson work and correspondence with the Fellowship in a way that you would be pleased to have the Great Ones observe, you will experience the reward of work well done and a conviction about using spiritual principles in your life.

### *The Questionnaire*

The questionnaire, of course, is to test your grasp of the information you have been studying, and until we get to know you better, your answers to these questions are the only way the Lemurian Fellowship may evaluate and aid your understanding. Be as complete as possible when writing your answers so there can be no doubt about your comprehension of each point covered.

### *The Importance of Saving Your Work*

In preparing your answers for the Fellowship, it is important to make a copy to review. While copies can always be kept on your computer, making a hard (paper) copy will ensure that, should anything happen to your computer, you will always have a copy on hand. The original paper, which you send to us, will be kept on file at Fellowship headquarters. Since the Fellowship will comment on your work, you can see the reason for saving a copy of what you send us.

Fellowship comments are as much a part of your training as the study itself and should be carefully read along with the answers they refer to. In this way, any misconceptions you may have can be cleared up immediately. Since each student of the Lemurian Philosophy is striving for greater perfection, your answers should represent your very best effort. Try to express your ideas freely and naturally. Lesson papers are not “graded,” for more important is what you gain from your sincere efforts. Try to remember that you are just beginning your study, and perfection is not expected nor even possible. Just do your best and know your understanding will grow step-by-step.

### *Draw on the Lesson Material*

When writing out your answers to the lesson questionnaires, try to avoid using information other than that given in the Lemurian Philosophy. If you are to really profit from this training, it's best not to include in your answers ideas gained from other truth studies. Good as these may be, and similar as some of the concepts may seem, there are subtleties that can be difficult to grasp unless you can give your full attention to what you are now learning and let it have time to fit together. You are now studying the Lemurian Philosophy, the most ancient of all teachings. Be assured that this teaching, as sponsored by the *Lemurian Brotherhood*, bears the full approval of all of the Great Brotherhoods. By the time you have completed the training, you will realize that it is all-embracing and needs no supplementary information.

In each lesson, many of the questions can be answered directly from the text. If you find it difficult to answer these in your own words, it is fine to use the lesson wording. Many find that copying academic answers from the lesson helps to get the information firmly in mind.

Exceptions to this would be the questions designed to test your understanding and application of the principles you are studying — like Nos. 8 and 13 in this lesson. These are especially important since they enable the Fellowship to determine your grasp of the Philosophy and the progress you are making. So with this in mind, these answers should be carefully considered and, of course, expressed in your own words.

### *Fit the Philosophy to Your Needs*

There are no standard answers; the work of each student is evaluated according to individual needs. If your answers indicate the need for greater understanding, the Fellowship teachers will help you. But it is vital that you think for yourself, doing all you can — your part and your very best — first. This is how you earn the help given you as you accumulate information and your studies proceed. This, you will find, is always true in the Work of the Great Ones.

Because each student has a different background of experience, a different approach to the Work, and a different motivation or desire to advance, the effort you put forth will determine what you gain from this study. Fitting the Lemurian Philosophy to your needs and circumstances will enable you to extract the most from what the *Lemurian Brotherhood* is offering to all Egos who seek to understand the purpose of life and eventually earn citizenship in the coming New Age civilization.

### *Your Sincerity Counts Most*

If you have difficulty expressing yourself in English, don't be dismayed, for the Lemurian teachers assigned to you are understanding and kindly. If you are attempting to absorb into your being the material given you and are sincerely trying to apply the principles to your daily life and affairs, this will mean far more to you, and to us, than a mere intellectual grasp of the material. It is you and your development we are interested in.

It is not unusual for Lemurian students' letters to the Fellowship to hold thoughts of equal and sometimes greater importance than their lesson answers. For this reason, we suggest that as a serious Lemurian student, you save a copy of all your letters to the Fellowship as well as correspondence from the Fellowship.

### *Working with the Online Lessons*

When you enrolled, you were given access to Level 1 of the study program. This lets you open, view, and print the PDF version of *Lesson One*. It permits you to use the online, interactive questionnaire for Lesson One. And it enables you to access Secure Messaging for any correspondence you send to and receive from the Lemurian Fellowship, other than your lesson questionnaire.

You can access Level 1 by logging on using your User Name (your e-mail address) and the case-sensitive Temporary Password given you. When you log on for the first time, we recommend that you use the feature "Change my Password" to change this to one you would like to use. We also recommend that you choose and answer a Security Question so that if you ever lose your password, you can use the feature "I Forgot my Password" to have this e-mailed to you. If you use this feature, you will be required to answer the Security Question, so it is important that you note the answer you gave initially (which is case sensitive) so that you can successfully use the feature to have your lost Password sent to you. When you log on for the first time, you will be asked to accept the Terms of Use and Privacy Policy. There is a feature for printing these out if you wish to keep a hard copy for your files.

Please keep your User Name for admission to the online course secure, accessible only to you, so the lessons and your correspondence (questionnaires and other messages to and from the Fellowship) are kept confidential.

*Confidentiality* In your Application, you agreed to Point 9, which refers to keeping your Fellowship correspondence confidential, not to be

shared with others.

You will soon realize that the lessons cover a vast array of information about the purpose of human life, some of it available only to Lemurian students. For a non-student without the preparation you are receiving, these subjects could be confusing at best. And of course, this provision protects you, through the Fellowship's commitment to keep all information about its students confidential.

The Fellowship always takes every measure to assure your student work and correspondence are confidential. However, while our online course has security protections in place, including using a secure messaging service for confidential correspondence, it can be helpful to know that in today's world privacy over the Internet cannot be guaranteed. So, if at any time you feel more comfortable using regular mail, this would be understandable, and be assured this would be just fine.

*Keeping Copies* We recommend that you print a copy of the current lesson you are working on and keep it in a safe place in case your computer or e-reader may not be on hand. Or you can purchase a bound copy of the lessons from the Fellowship. These are available for \$10.00 plus \$3.00 postage. California residents please include sales tax.

If you wish, you may also save your Lemurian lesson in Adobe PDF format so you can access it from your desktop without having to log on to your student account. Please remember that the lesson saved this way is governed by the same confidentiality agreement and copyright laws as the online and printed versions. If you share your computer with others, we recommend that you encrypt the lesson in PDF format when you save it and keep this password secure. If this is not possible on your computer, then saving the lesson to a folder accessible only to you is recommended.

*Answering the Questionnaire* When you work on your online lesson questionnaires, it's fine to copy and paste from the PDF lessons when answering academic questions. As you work on the questionnaire, press the *Save* button to save your work so it can be accessed again to change, delete, or add to during future sessions. *If you don't press the Save button, your work will be lost!* When you have completed a questionnaire and want to submit it, hit the *Submit* button. You will see a prompt asking, "Are you sure you wish to submit your questionnaire?" This is so you don't inadvertently send a questionnaire that is incomplete or that you are not ready to submit.

Your positive reply to the submit button takes the place of your signature, and, of course, your name and student number appear automatically on your paper. Once your paper has been submitted, you will



receive an automatic response saying "Your paper has been successfully submitted. You will receive an e-mail soon telling you what the next step is."

*Next Level* Once your paper has been reviewed and approved, you will receive another automatic e-mail, telling you that you can access the next level in the study program. When your Lesson One paper has been approved, you will be given access to Level 2, which allows you to open, view, or print Lesson Two and/or the Lesson Two questionnaire. You'll continue to have access to Secure Messaging.

When you submit a lesson questionnaire, we recommend that you click on the button at the upper right, "Printer Friendly Version," and print out a paper copy of your completed questionnaire, to keep with your copy of the lesson.

*Our Reply to Your Lessons* When your lesson paper has been reviewed and Fellowship comments prepared, you will be notified by e-mail. You can then log on with your User Name and Password. Again, click on the "Printer Friendly Version" button and print out a copy of your comments. You will find it interesting and valuable for review later on.



Q U E S T I O N N A I R E

1. What is your present understanding of the reasons for Christ's advent over two thousand years ago?
2.
  - a. What is your conception of the New Order or New Age civilization, and how will it come into being?
  - b. What will be the basic requirement for citizenship in the New Order?
3.
  - a. State the purpose of human existence.
  - b. In your own words, explain what this means to you.
4.
  - a. What is the highest state of human development?
  - b. What are the two stages leading to it?
5. Define the law that insures universal justice.
6. How are cosmic credits earned?
7.
  - a. What is meant by excess cosmic credits?
  - b. What value are they to the individual?
8. List and rate six simple services you have performed to earn excess cosmic credits since beginning the study of this lesson.  
  

NOTE: In asking you to list these services, the Fellowship is interested in knowing how you have been applying the Lemurian Philosophy in your daily living, especially in connection with other people. Since your association with others is so important to your unfoldment, you should think about this fact often and review your answer to this question from time to time. It will help you as you progress into the later lessons. Do not be reluctant to speak of these services for this will open the way for you to receive valuable help and enable you to earn the excess cosmic credits all advancing Egos require. Do not use examples of what you may have done to help the animal kingdom. Good though this may be, we are interested in your association with other people and your answer should be confined to such examples.
9.
  - a. How are cosmic debits accrued?
  - b. How do they affect our lives?
  - c. How can they be canceled or offset?



10. After giving careful thought to the last two paragraphs on page 23, explain another violation of the Law of Action and Reaction which can affect an individual or group of individuals.
11. Why should everyone want to cultivate their mental abilities?
12.
  - a. Define cosmic root substance and cosmic root energy.
  - b. How do they differ?
13.
  - a. In compliance with Step 1 of the precipitation process, describe the thing or condition you are seeking to bring into your life.
  - b. Explain in detail what you are doing to use each of the remaining five steps of precipitation to accomplish this.

NOTE: For your precipitation, we urge you to choose some thing or condition that is simple and capable of realization within a short period of time — one that would be rated 1 or at the most 2. This will help us to observe your use of the six steps of precipitation and enable us to help you consciously apply this law in your life and affairs. All students have more complex, long-range plans and goals (precipitations rated 3 through 5), and these are certainly encouraged. Yet, try to remember that much valuable information concerning such objectives is still to come in the later lessons, so you will gradually become aware of what is necessary to earn long-term goals such as Lemurian Initiation and the peace of mind, serenity, and wisdom that go with it. Learning to consciously use the Law of Precipitation takes time, patience, and discrimination. It also takes cosmic credits.

14. Describe the Lemurian Power Reservoir.
15. Give an example of action requiring deep concentration on your part which you believe added energy to the Lemurian Power Reservoir. (Do not use your lesson study as an illustration.)
16. Describe two occasions when you contributed energy to the Lemurian Power Reservoir by deliberately giving your thought, time, and energy to another.

NOTE: As the lesson states, there are many ways to contribute constructive thought energy to the Lemurian Power Reservoir. For this answer, we wish to know how well you recognize opportunities to be of service to others. If you are to earn Lemurian Initiation and citizenship in the New Order, such "selfless service unselfishly rendered" must become a part of your lifestyle.

17. What two truths have you found in this lesson that could be of help to you in meeting disturbing situations?

## PROLOGUE

### *Balancing Material and Spiritual Progress*

In order that humanity might enjoy pleasanter and more comfortable living conditions, the past few decades have seen great strides made by science in gaining a better understanding of Nature. Through the many discoveries and improvements made in recent years, our material advancement has been unparalleled in known history, and the future holds promise of even greater improvements in the external elements of our living standards.

On the other hand, while our material progress has been great, our spiritual progress has lagged badly, and the tension, frustration, and unrest so prevalent in the world today reflect this lack of balance. Insufficient understanding of true spiritual principles and the consequent inability to abide by them have resulted in many becoming vulnerable to forces adversely affecting their happiness, sense of security, and peace of mind.

When true spiritual understanding has developed to a point equal to that of our present material advancement, people will have built within themselves a means of defense that hurtful, destructive forces cannot break through. Such understanding will bring the realization that physical and mental suffering is the reaction to causes we have set in motion, and that through the use of potentialities now lying dormant within most of us, we can gradually eliminate suffering and be in position to *truly* appreciate and enjoy the material blessings that are becoming ever more evident in our lives.

### *Longing for a Closer Relationship with God*

The popularity of publications based on personal mystical and spiritual experiences, inspirational movies and books, plus the increasing number of religious movements all indicate humanity's need for a closer relationship with the Creator. Church attendance and the response to evangelists further demonstrate people's inherent desire to link themselves with that great all-knowing and ever-loving Power and so come to experience a growing sense of well-being and peace.

Yet, the many rapid changes and greater knowledge gained through the unprecedented material progress taking place in recent decades have resulted in countless numbers no longer finding the spiritual satisfaction they crave. While they would like to be receptive to all they hear, they can't accept on the basis of blind belief. They seek a religion based on facts their reasoning minds can accept and which are directly applicable to the problems of their everyday lives. In other

words, although they may be unable to define it as such, they feel their faith in God and His operations must be based on a clear and adequate understanding of life and its relationship to the Infinite and all that exists.

### *A Religion that Works*

Without being fully aware of it, these individuals long for a religious teaching that is neither abstract, fanatical, nor primarily emotional. They seek a religion based on sound, workable principles applicable to the fundamental needs, both practical and cultural, of all people regardless of race, creed, or color. They long for spiritual guidance of universal appeal and principle, one to which *all* people can subscribe whether Christian, Jew, Hindu, Buddhist or Muslim. All seek happiness, and although ideas of what constitutes happiness vary, in the end, all have a common basis in the desire for freedom, security, and peace of mind. Take, for example, the expression of the Golden Rule in five major religions:

*Christianity* — “All things whatsoever ye would that men should do to you, do ye even so to them.”

*Judaism* — “What is hurtful to yourself, do not to your fellow man.”

*Buddhism* — “A clansman should minister to his friends and familiars by treating them as he treats himself.”

*Hinduism* — “Do not to others that which if done to thee, would cause thee pain.”

*Islam* — “No one of you is a believer until he loves for his brother what he loves for himself.”

Because of the extreme and crucial conditions existing throughout the world in recent years, and the fact that untold numbers crave and need spiritual guidance beyond that previously provided, wise and understanding beings about whom you will learn have supplied the advanced and helpful information contained in the Lemurian Philosophy. This instruction offers not only a realistic and practical presentation of spiritual matters, but incorporated in it are plans for a magnificent program that will culminate in *the Kingdom of God* — a civilization where all will live and work together in complete harmony and for the greatest good of all.

### *Prophecies of a New World Take Shape*

To bring about a harmonious condition among the peoples of the world

is indeed a monumental undertaking; to the average skeptical individual, it would appear to be impossible, particularly in view of present-day circumstances. But as you move through the Lemurian training, the Great Plan will unfold, and as it does, you will come to realize that the long foretold prophecies of a New World are at last in the process of taking form.

As your spiritual comprehension grows, you will come to know that by sincerely and conscientiously using the help being extended through this instruction, *you may be of inestimable value* in actually bringing about the Kingdom of God here on earth referred to by Christ! And by entering into such activity under the guidance of the Fellowship, life will take on real meaning. What goal could be more glorious — more worthwhile?

### *How the New World Will Come About*

That the guidance being extended is a full and complete education in the rules governing life and life's relationships is understandable. Through properly comprehending and using these rules, individuals are empowered to improve themselves and their own way of life. And if we are to arrive at the universal harmony implied by the Kingdom of God, individuals must begin *now* to learn to create harmony in their relationships with one another — with members of their families as well as their other associates.

Then, with expanding vision, they will work with others of similar understanding and ability to create a larger and ever larger area representative of the Kingdom of God. A civilization is but an aggregate of individuals, so it is *individuals* who must first learn to create this way of life for themselves and in their own environments. We cannot expect widespread undesirable circumstances to change unless something is first done to correct those in our immediate surroundings.

### *The Journey Begins with a Single Step*

As with any journey we wish to make, if we do not start by taking the first step, we will remain where we are. Having learned there is a definite procedure leading to the greatest of all goals, it is up to each of us to take that first step and proceed from there. We should do this not merely for the greater satisfaction and happiness it will bring us personally, but because, together, individuals having such understanding and training as the Lemurian Fellowship extends are essential to bringing the brotherhood of all mankind into being.

Regardless of your present conception of the religious life or how beautiful your philosophy may have been, there are still higher concepts and more beautiful truths or facts beyond your present horizon. Re-

member that *the higher we rise, the farther we are able to see.*

So approach the matters explained in the Lemurian Philosophy with a tolerant attitude. As you do this, you will discover that not only have you lost nothing, but you've gained far beyond your fondest expectations. Make the material of these lessons a part of your thinking and the principles your way of life. Your ultimate peace of mind, sense of security, and happiness will fully justify the effort required to attain them.

\* \* \* \* \*

#### *A Suggestion about Questions*

It is not unusual for students to have many questions they'd like answers to, especially at the beginning of their Lemurian study. Each lesson contains new ideas that take time to absorb, and the Fellowship understands this.

With this in mind, we suggest that if you have questions, list them for yourself and set the list aside for awhile. As you move through your study, you'll find that subjects that were introduced briefly in the beginning lessons are enlarged on later. You'll be able to discover for yourself answers to many of your questions. Should there be others that seem urgent, you are welcome to write the Fellowship and we will be glad to respond.



## MENTAL PREPARATION

### *Keeping an Open Mind*

Many who study the Lemurian Philosophy find themselves reading of matters entirely new to them, some appearing strange and almost unbelievable at first. Realizing this, we do not ask or expect the student to accept statements simply because we say they are true; we merely ask that you study with an open mind, rejecting nothing. As you proceed with the lessons and see how all that is discussed fits into place, the truth of anything you now doubt can prove itself to your satisfaction.

Simply because an idea is new to your experience or may appear at variance with your preconceived opinions does not disprove it! Today, as the result of scientific research, we enjoy facilities, benefits, comforts, and recreations that most would have considered impossible just decades ago. Not many years ago, ideas of space travel were considered fantastic and pure science fiction, while splitting atoms for nuclear power was inconceivable, and advances such as mapping the human genome only a concept, while today it is a reality. Yet, with an increasing comprehension of the universe, we are coming to realize more and more how very narrow some of our previous conceptions about it were. And so much that was once regarded as true, we now find was fiction, based on a limited understanding.

### *A Future of Possibilities*

Scientists could have done little toward improving our standards of living if they had been unwilling to accept and experiment with the challenges offered by *possibilities* — to look beyond accepted beliefs and limitations. And as still further scientific discoveries are made, our understanding of many *other* things will change. Ideas concerning inherent and so far undeveloped abilities of the mind and the evolution of life that at present are recognized by a few, but considered fantastic and improbable by many, in time will also be found to be quite natural and based on reality.

Being universal, the truths you will learn about in this Philosophy are all-embracing, touching on all forms and aspects of life, not only as they pertain to material matters, but to those that are spiritual as well. Since all are closely interrelated and a part of one another, it is difficult to disassociate them; so until students have completed the entire instruction and are in position to blend all they have learned, they cannot have even an approximately true conception of the teachings released through the Lemurian Philosophy.

### *Staying Receptive to All that Is New*

We appeal to you, for the sake of the benefits that can be yours, to condemn or reject nothing until you have received the entire instruction under the guidance of the Lemurian Fellowship and have access to everything it is possible to give you regarding matters discussed. Be receptive to all that is released and conscientious in applying the principles taught. This is the only way you can prove for yourself the benefits, and experience the improved conditions in your life and affairs that you desire. As you do you will also experience that growing peace of mind all seek.

Since the Lemurian Philosophy is a study of life in all its many phases, it has many ramifications and is so all-embracing that some basis of understanding must be given the student before we can even start. Many phrases, terms, and ideas may be unfamiliar, so before going further, we will explain a few of these so you may more readily proceed step-by-step into the workable and feasible plan the Philosophy sets forth. The following brief explanations will provide essentials for beginning the study, and all will be greatly amplified throughout the rest of the course.

### *A Purpose for Existence*

*The purpose for existence* has always been a question in the mind of the average person, and no doubt, you too have often wondered why we are here and where we are bound. It is inconceivable that we would have been placed here to go through the many trials and tribulations experienced by most people without some good reason back of it all. As a matter of fact, until the *nature of that purpose* is established and regarded as a goal to strive toward, the lives of most will continue in the more or less haphazard and ineffectual way they have so far, with humanity continuing to endure frustration, discontent, and a gnawing sense of insecurity.

So the first fact to be accepted in the study of the Lemurian Philosophy is that *the purpose of human existence is to advance from ignorance concerning ourselves and our potentialities to the point where we are able to consciously control both our environment and our destiny*. That the individual may have the information and guidance necessary to consciously strive toward reaching this goal is the purpose for which the Lemurian Philosophy was released.

### *Natural or Universal Laws*

The second important truth to be accepted is that a proper under-

standing of *natural* or *universal laws* as they directly concern one's well-being is essential to attaining this goal.

As any who have given it a few moments' thought realize, an ordered procedure exists throughout Nature — in the progression of the planets, the seasons, night following day, the ebb and flow of the tides, the growth of plant and animal life, each producing its own species — for all are governed by the laws of Nature. If this were not true, universal confusion would prevail with vast cataclysmic collisions of planetary bodies, and everywhere would be the bewildering, indistinct mingling and intermingling of life — if life could survive the resulting cosmic upheaval. Fortunately, nothing of this kind can occur, for these timeless, self-executing, and immutable laws keep all aspects of Nature in balance.

With recent scientific investigation and experimentation, the term "natural law" is more generally understood and used now, and with the coming of space travel, the same is true of the word "cosmos." This term, as well as the words "cosmic" and "cosmically," are used often throughout the Lemurian Philosophy. Because the cosmos refers to the universe, the words are interchangeable. Natural laws operate universally or *cosmically*, and in this study, you will often find them referred to as *cosmic laws*.

### *Cosmic Laws Are Inescapable*

Just as the sun sheds its life-giving rays impartially on the good and the bad, the rich, the poor, the ignorant, the intelligent, the innocent and the virtuous, with equal impartiality do cosmic laws act in the lives of all. Since they are as impersonal as the sun and even more inescapable, no one is exempt from their action and reaction. However likely it may seem, none may evade them. It matters not whether we are ignorant of them or deny their existence. They act in our lives regardless.

These laws are not man-made, and no one has the authority or the power to set them aside, for they are the changeless and inviolable laws by which the universe is controlled. Due to their immutable operation, there are no inharmonies and inconsistencies in Nature which, if the full truth regarding it were known, would be recognized as the balanced and perpetually perfect unit it is.

Natural laws act uniformly, controlling all that is, has been, or ever will be, and humans are no more an exception to their operation than a pebble or a planet! Yet, unlike all other forms of Nature known to us, humans alone have the power of self-determination and may adhere

to these laws or not. Lacking understanding of cosmic laws and their operation, particularly those related to human affairs, all too many have acted contrary to them. This is why, individually and collectively, humanity has brought about the many unhappy conditions experienced today.

### *Harmonizing with Cosmic Laws*

Studying the lessons of the Lemurian Philosophy, you will come to understand how and why it is that misfortune, unhappiness, the hazards of war and other such circumstances are purely man-made and directly due to the failure of individuals to live in accord with these great universal laws. One who completely understood and adhered to all that is explained in this and later lessons concerning cosmic laws could become immune to undesirable conditions, for these are the direct result of people's transgressions of cosmic laws. Peace, health, prosperity, and happiness are the inevitable result of abiding by them. Harmonize with these principles and your life will be a harmonious one; go contrary to them, and you experience inharmony.

Obviously, cosmic laws are God's creation and merely discovered, or perceived, by alert human minds. Through the use you personally make of them you, too, will come more and more to observe their operation. And eventually, you will recognize for yourself that every condition, from your own financial, marital, health, or other personal problem, to the rise and fall of nations, is the result of like thought and action generated by human minds.

Ignorance of cosmic laws over many thousands of years has led to untold violations which have reacted in the lives of all of us until problems have become inseparable from human existence. But as you have learned, the purpose of our existence is to *learn to control* our environments. To do this, we must learn to handle and ultimately eliminate these problems so we may experience the joy and satisfaction in life intended by our Creator. We can do this in ever greater measure as we learn to understand universal principles and avail ourselves of their beneficial operations. Sufficient numbers trained in their proper use will usher in the New Order of the Ages and the "thousand years of peace" prophesied in the Bible.

Every problem has a definite solution, and you can find the solution to yours in the thoughtful, conscientious study of these lessons. How long it takes to correct each situation depends largely on the extent of the problem, plus your sincerity and earnest effort to comprehend and apply what you are learning. But by applying the necessary principles to your problem, you will come into a working knowledge of some cosmic law.

When you have attained an absolute conviction, through your own experience, that all things are subject to inviolable, immutable laws, you will no longer *blindly believe* that God is eternal love and personifies absolute, infallible justice, but you will *know* it through every emergency and under all conditions. Regardless of appearance, you will *know* that all is well, all is under control — that all is good.

### *Action and Reaction*

The basic law of Nature is that of "Action and Reaction" or "Cause and Effect." Its operation insures absolute justice, for it holds all life and phenomena in balance. It's also known as the Law of Justice. The following statement defines and explains its operation: *For every action, there is a reaction, equal in force but opposite in direction.*

By the operation of this unchanging law, everything that has happened or will happen to you is the direct result of an action or thought emanating from you. At the present time, you are surrounded by a set of circumstances that are of your own making. The thought that you are responsible for those of an undesirable nature may shock you for the moment, but the truth of this statement will become increasingly evident as you proceed with this training as will the idea and the means of the definite changes you may bring about.

The Law of Action and Reaction discussed in the next chapter plays an important part in what you will be able to accomplish through your study of this Philosophy. Give it good thought as you move through your daily activities, observing instances of its operation in your affairs.

### *Advancement — a Universal Law*

In time, you will become increasingly aware that there is a continued forward movement throughout all Nature, for progress or advancement is another of the great laws of the universe. You are no exception, for to advance from ignorance of yourself and your potentialities to the point where you are able to consciously control both your environment and your destiny *implies* that personal progress be made through experience and the use of what is being learned.

Comparatively few have achieved this control, but in the process of attaining it, these individuals have *mastered everything* that can be learned from life on this physical plane of existence. They have gained such understanding and control of their physical bodies that they are able to prolong their physical existence practically as long as they choose to do so. These are the "perfect" referred to by Paul in his

writings. Among them is the Master Jesus. They have progressed to the highest state of human development and, because of their accomplishments and degree of self-control, are known as *Masters* or *Elder Brothers*, although they prefer the latter designation.

Of lesser progress are the *Adepts* who, as the name suggests, have developed marvelous ability along all lines of endeavor, yet have not reached the high standard of perfection attained by the Elder Brothers. Also, there are various "degrees" or measures of progress made by the individual until he or she attains Adeptship. These are known as Initiations.

### *The First Degree of Lemurian Initiation*

The instruction offered by the Lemurian Fellowship is designed to help students attain the first of these Initiations when they will become First Degree Initiates. This is the first really important step an individual makes and, because of the advancement involved, is a distinction that lifts one far beyond the average. Following its attainment, one strives for the second degree and then the third, and so on, until he or she becomes an Adept. This will all be explained in greater detail in a later lesson.

### *The Progress that Is Possible*

This is a rather brief outline of the progress to be made as one gains increasing control of self and environment. Yet it gives those who are interested some understanding of the growth possible when an individual begins to cultivate inherent but dormant abilities. It is information not revealed to those who are self-satisfied or who have not indicated a desire to find and work toward a more balanced and satisfactory way of life.

So early in the study, some students may find it difficult to believe there are highly advanced human beings such as Adepts and Elder Brothers who operate on the physical plane. Yet it must be evident that humankind advanced from its beginning primitive and savage state to the present stage of civilization by developing qualities and abilities originally undreamed of. So why should it not be reasonable to believe that, given time, people will develop *even greater abilities and evolve or advance to still higher states of being?* And that there already are those who have done so?

This may seem inconceivable to many people now, just as primitive people of long ago could not possibly have comprehended the progress humans would make *to the present day!* But whether or not one

believes individuals such as Elder Brothers and Adepts actually exist will not lessen the benefits that can come through understanding and properly using cosmic principles. When you understand these laws and how they operate and then apply them sincerely and conscientiously to yourself and your affairs, environmental improvement and personal progress are inevitable.

To become an Initiate, you must be in control of your life and affairs to some degree. This control is achieved through the proper understanding and use of the natural or cosmic laws established by God for governing the universe and all it contains. To abide by them is to make your life what you want it to be.

Through the Lemurian Philosophy, you are being led step-by-step, lesson by lesson, as your grasp of the material warrants, until you have gained a comprehension of God's incomparable program, when life will take on a truer, fuller meaning than was possible before. Yet the degree of your inner development and your progress toward Initiation depends on your sincerity of purpose and the conscientious use of what you are being taught.

### *Balance*

As you move through the study of the Lemurian Philosophy, you will discover that the idea of *balance* is stressed often, as it applies both to the universe and to the individual. Since a degree of balanced thinking is an important requisite for the First Degree of Lemurian Initiation, the following should help you decide in which direction *your* thinking is out of balance.

Some people are so materialistic that they completely ignore spiritual values, and the needs of fellow human beings. While their extreme practicality enables them to attain the material success desired, many of these individuals experience no real and lasting satisfaction in their accomplishments.

At the other extreme are those who are so idealistically or "religiously" inclined that they lose all sight of *material* values, their thinking being impractical, unstable, and even fanatical. These individuals are idle visionaries, forever dreaming about impossible Utopias and overlooking completely the fact that we are on this physical plane to make practical use of, benefit from, and glorify God's blessings.

The thinking of all humanity varies between these two extremes, and one of the purposes of the Lemurian Philosophy is to help people bring about a more normal balance between the two. The dreamer must



become more practical, and the wholly material-minded must become more idealistic, developing a greater appreciation of spiritual values. A reasonable degree of this balance is essential to attaining the First Degree of Lemurian Initiation.

### *Background History*

You should also know something of the historical background of the Lemurian Program. Since much of the following happened long before our present-day recorded history, a lot of it may appear strange and no doubt incredible. So we again encourage you to read with an open mind. In due time, the coordination and logic of the truths revealed throughout the Lemurian Philosophy will convince receptive, thinking students of their authenticity.

Contrary to the opinions of many theologians and scientists, human-kind did not set foot on this earth as late as four thousand years before Christ nor as early as several million years before our historical era. The truth lies somewhere between these two extremes. For all practical purposes, let us accept the date for the introduction of humans as one million years ago.

### *The Mukulian Civilization*

The matter of Adam and Eve and the Garden of Eden is unrelated to our subject and will be discussed fully in a later lesson. The period we wish to discuss now began 78,000 years ago on the Continent of Mu which once occupied that part of the world now taken up by the Pacific Ocean.

At that time, the human form was much like ours today except that generally, it was not as refined. But the mentality of most had developed very little so that the average individual led a more or less animal-like existence. Still, there were a few among these prehistoric people who used their minds to think and to learn. It was they who discovered it was to the benefit and greater happiness of individuals and families to unite in common endeavor rather than continue as rugged individualists.

Helping the primitive members of their tribe work together in group activities, and with the aid extended them by Divine Beings from the planets Venus and Mercury, these more enterprising and intelligent individuals succeeded in forming a crude but organized society. At the close of the first thousand years of community living, Christ, then known as Melchizedek, appeared to help these people who, having little experience to draw on, could not conceive of the great possibilities of the way of life they had inaugurated.

Guided by this highly advanced Being, they ultimately succeeded in building the first metropolis of all time — the beautiful prehistoric Hamukulia, or City of the Sun. Around it there developed the equally beautiful Mukulian (commonly referred to as Lemurian) Empire, the first and most magnificent civilization ever to come into being on this planet.

Following the example set by Melchizedek who became its first Emperor, this glorious Empire was governed in accord with cosmic law and for this reason, endured for 50,000 years! Contrast this achievement with those of outstanding civilizations of recorded historical times *not* based on universal laws — none of which has been a world power for more than a few *hundred* years!

As long as its people abided by cosmic law, the Mukulian Empire prospered so that if these laws had been adhered to permanently, the Kingdom of God would have become manifest, and subsequent history would have been very different from what it is today. Yet, for reasons you will better understand as you get further into the study, some of the Mukulian people deviated from the principles that had made their civilization so great and wonderful. Consequently, at the height of its glory, the Empire began to decline, to be finally destroyed as the result of continuing failure to adhere to universal laws.

### *Atlantis*

Many Mukulians had previously migrated to Atlantis, a body of land then located in the area now occupied by the Atlantic Ocean. Following the period when the Mukulian Empire passed the zenith of its power, the Atlantean civilization was inaugurated. Again the Lords of Venus and Mercury extended Their help in its establishment. Again Christ appeared, this time as Poseidonis. Later, He became the first ruler of Atlantis.

Poseidonis was succeeded by a long line of emperors, with the Atlantean civilization prospering fabulously until many false teachings introduced by corrupt priesthoods brought about its decline and eventual destruction around 8,000 BC. This was the second truly great civilization to digress from the principles responsible for its phenomenal success.

### *The Future Civilization*

Following the destruction of Atlantis came many other civilizations, but it was not until the advent of Christ, this time using the name of Jesus, that there was any authoritative mention of the great kingdom to come — the Kingdom of God. That it was not yet time to reestablish a



society such as the Mukulian Empire had once been is evident from the fact that Christ spoke of the restoration as being in the future.

But a return to the glorious way of life once known had been contemplated. This may be verified by referring to the Bible, Book of Acts 1:6-7, when a few enlightened ones asked Christ, "When they therefore came together, they asked of him, saying Lord, wilt thou at this time restore again the Kingdom of Israel? And he said unto them, it is not for you to know the time or the seasons, which the Father hath put in his own power." (The reference to "Israel" will be explained in a later lesson.)

You will observe that in the formation of both the Mukulian and Atlantean Empires, Christ did not appear until sometime *after* the civilizations had been inaugurated. By that time, certain erroneous customs and activities which ultimately resulted in their disintegration were already in effect so that neither achieved the wondrous goal mankind must ultimately reach and maintain. To prevent disruptive elements from entering and finally destroying the civilization which is to come, Christ appeared approximately 2,000 years ago and *before* it was in even a formative stage.

#### *The Kingdom of God on Earth*

For hundreds of years following His advent, many looked forward hopefully to Christ's "second" coming, believing that the "Kingdom" would then become a reality. As time passed and people became better educated and learned more about the world, less and less thought was given to such a possibility. In today's fast-moving times, with the general relaxation of ethical principles, the widespread instability and uncertainty due to serious world conditions, plus the heartache and misery endured by untold numbers, all too many have come to regard the Kingdom of God here on earth as merely an idealistic and sentimental concept, impossible to realize.

Yet Christ, who has been designated as the Son of God, did not walk the earth as a man and make the supreme sacrifice He did merely to introduce an idealistic concept, impossible of materialization! His purpose in coming when He did was to *prepare the way* by teaching some of the spiritual or universal principles on which the Kingdom of God will be based. In this way, humanity might be made generally aware of them and what can be the sublime outcome of worldwide understanding and acceptance of them.

#### *Christ's Disciples*

Wise and understanding individual that He is, Christ's knowledge of

human nature is surpassed only by that of God; so He well knew that the majority followed Him merely because they felt comforted by His gentle words and wished to witness, and benefit from, the "miracles" He performed. He knew that only the very few (His disciples) grasped the fact that He was instructing them in the use of powerful principles which, when properly used and adhered to, would enable individuals to enjoy that elusive but greatest of all blessings — peace of mind.

It stands to reason that Christ also realized that for the Kingdom of God to become a reality, it was necessary that great numbers in many lands become at least familiar with what He taught. For this reason, He entrusted His disciples to go out into the then-known world to preach "the gospel," well knowing that later, others would take up the inspiring task, and His Teachings would spread.

Yet, though there has been no more outstanding character in history than Christ, and no teachings as universally known as His, the masses continue to be as the multitudes of old with all too few actually applying His counsel to themselves. As He told His disciples long ago, ". . . they seeing see not, and hearing they hear not, neither do they understand." (Matthew 13:13) Simple as are His Teachings, the same is true today.

#### *Christ's Sermon in the Mount*

Studying the Lemurian Philosophy, you will observe more and more that everything Christ taught throughout His ministry, and particularly in His Sermon in the Mount, has its basis in the cosmic or God laws governing human well-being. He fully understood their operation and for this reason was able to perform the so-called miracles described in the Bible. But did He not say, "He that believeth on me, the works that I do shall he do also; and greater works than these shall he do . . ." (John 14:12)

Doesn't this statement tell us that we, too, have the potential for performing as remarkable things as He? Yet, there is the limiting phrase, "He that believeth on me . . ." How many have such abiding faith and belief in Christ as to cause them to conscientiously live by what He taught and exemplified? After more than 2,000 years, how many are sufficiently versed in the universal principles He taught to even *begin* to approximate His accomplishments?

#### *A Well-Conceived Plan*

Knowing human nature as He did, Christ was aware that the spread of His Teachings would serve as little more than the introduction to more

definite and explanatory instruction to follow at a future time. Nor can there be any doubt that in His great wisdom, He also recognized that the Kingdom of God here on earth would not come about of itself. Beyond question, He knew a well-conceived plan of procedure for its establishment was essential and that *enthusiastic, intelligent, and sustained effort on the part of great numbers with the proper understanding of all that would be involved in carrying out this plan would be necessary.*

Being what He was, Christ must also have realized that it was of greatest importance that those who were *to build and become part of the New Age civilization* have more than an average understanding of such principles as He taught. This is the only way they could experience the *benefits* to be derived from applying them, and the only way they could attain the status of Initiates — a prerequisite for those who will compose its citizenry.

As you thoughtfully study the lessons of the Lemurian Philosophy, it will become ever more apparent to you that Christ's advent 2,000 years ago and the release of this material under conditions as they exist today were according to a divinely inspired plan. *Only now* is there the growing recognition of the need for a practical, down-to-earth approach to the principles of Christianity — one that is applicable not only to the solution of everyday problems inseparable from life, but helpful in understanding the troubling world conditions affecting us all. *Only now* are great numbers enlightened and broad-minded enough to be able to accept what could be called the "scientific" approach to Christianity!

Today we live in an age of seeming miracles, enjoying comforts, conveniences and pleasures previously unknown in recorded history. Yet, the security and peace of mind which should enable us to fully appreciate and enjoy them are often lacking. For hundreds of years this appeared to be an individual problem. Now, the insecurity and unhappiness have grown to such magnitude that they have become a universal concern.

It is helpful to understand that the earth is in a time of transition from the old into a new one. During this period there is an upheaval of huge proportions as old forces clash with new ones being established. To many it seems the world is growing more chaotic and troubling, with devastating events both natural and man-made demanding all of the resources people have available in order to cope, with seemingly no end in sight. But there is. The Great Ones have assured that a new world of thought and action will arise out of the old, and have provided every means for this to happen.

### *The Plan of the Lemurian Brotherhood*

The highly advanced and extremely wise Elder Brothers and Adepts previously mentioned are all working to help bring about the brotherhood of man, or Kingdom of God here on earth. They have united into large groups, or *Brotherhoods*, each fulfilling some important task essential to making it possible. And to the *Lemurian Brotherhood* has been delegated the task of coordinating all their efforts to make such a way of life a reality.

This Brotherhood first selected as their Direct Emissary one wise and understanding enough to be in complete accord with their ideas and sufficiently advanced to make it possible for them to properly contact him. Through him, they released the instruction which is the Lemurian Philosophy.

Since a mundane channel is essential to disseminating these teachings, they directed their Emissary to establish the Lemurian Fellowship. As the *Lemurian Brotherhood's* earthly representative, this organization has been charged with the responsibility for instructing aspirants in the correct understanding and application of universal or cosmic laws, and under the guidance of these Great Ones, for supervising the formative steps leading to the manifestation of the Kingdom of God here on earth.



## COSMIC ECONOMICS

### *A Strong Basis in Spiritual Principles*

Since the Lemurian Philosophy is to be the basis on which the civilization to come will be established, it must have an intensely practical application. To be permanently successful, the new system of government, or New Order, must be not only morally invulnerable, but materially invulnerable as well. It must be economically sound. And all who participate in its benefits must have achieved a measure of economic stability in their personal affairs.

So it is essential that individuals aspiring for citizenship in this new way of life comprehend something of both mundane and spiritual economics, for while economics is commonly considered as purely material, actually, it has its roots in strong spiritual principles. During His earthly ministry, Christ, the great Wayshower, explained the soundest economy released since early Mukulian times. Because governmental authorities of the period recognized the power of His Teachings and the danger to their autocratic system if vast numbers of people adhered closely to them, He was crucified.

### *Introducing the Law of Action and Reaction*

When Christ spoke to the people saying, "Therefore all things whatsoever ye would that men should do to you, do ye even so to them: for this is the law," He was telling them of the Law of Action and Reaction. Paul was speaking of the same law when he said, "Be not deceived; God (His law — cosmic law) is not mocked: for whatsoever a man soweth, that shall he also reap."

Perhaps it has never occurred to you that these statements could relate in any way to finances, but as you give the matter good thought, it will become clear to you that people's tendency to seek to reap where they have not sown and their failure to do unto others as they would have others do unto them, have given rise to most of our problems down through the ages, economic or otherwise.

A simple example of economic violation of the Law of Action and Reaction would be the employer who hires others to work for him at the lowest possible wage, selling the product of their services at an exorbitant profit. According to Christ, ". . . the labourer is worthy of his hire" and should receive payment commensurate with the service rendered. By taking advantage of employees and profiting unduly from their services, such an employer reaps where he has not sown. He gains at the expense of others.

Because absolute justice is universal law, *there is no such thing as something for nothing*. So by unjustly acquiring benefits not earned, an employer violates this law and eventually, is the loser. On the other hand, employees who render services for which they are not adequately compensated, ultimately receive what they justly earned, and the balance maintained by Nature and God is restored.

### *The Akashic Record*

You may well wonder how this all comes about, and how the law can operate so accurately in view of all the people on the earth. How can God "render to every man according to his deeds"? (Romans 2:6) Why is it that "one jot or one tittle shall in no wise pass from the law till all be fulfilled"? (Matthew 5:18) What *is* the book of God's remembrance? (Malachi 3:16)

The unseen and generally unknown aspects of God's universe are truly marvelous, and the answers to these questions lie in the fact that an individual's every act, good or bad, is automatically impressed on the ethers in what is known as an Akashic Record that is forever hers. The total of these individual records comprise the Master Akashic Record, and this is the "book of God's remembrance."

### *Cosmic Credits and Debits*

While not analogous, the operation of this Master Record is somewhat similar to that of a mundane bank where individual records are kept of personal deposits and withdrawals of money. Instead of money, every good or constructive act performed by an individual is deposited, or impressed, on his or her Akashic Record, or cosmic account, as a *credit*, while those activities that are selfish, harmful, or destructive are impressed on it as *debits*, or debts that must be paid.

Just as one draws against his account in a mundane bank to meet his obligations, so are credits drawn from one's cosmic account to offset the debits. If they are fewer than the credits accumulated, they are offset and canceled out by them. Naturally, the *credits* are reduced, just as your bank balance is reduced when you draw against it to pay off mundane bills and other obligations. If a person's destructive activity is *greater* than past constructive activity, then, of course, the credits are not only completely canceled, but the remaining debits are impressed on his Record. The account is then in the "red" with cosmic debits against it.

We accumulate cosmic debts when we harm or cause another to suffer harm, or when we violate cosmic law in any other manner. Whether these things are done consciously, with the best of intentions, deliberately, or in complete ignorance, the result to us is the same — cosmic debits commensurate with the consequences of our violation. Cosmic

law is impersonal in its operation, and by instituting wrong causes, we bring upon ourselves corresponding effects.

From this, we see that each of us creates our own good fortune or ill fortune, depending on our use or misuse of these laws. If we do not have sufficient cosmic credits to offset our cosmic debits and do not start *accumulating* them, sooner or later, we will be obliged by Nature to pay these debts in sorrow, pain, and misfortune.

On the other hand, when people constantly accumulate cosmic credits, they are free from serious misfortune since a surplus of these credits cancels cosmic debts incurred. Also, through the use of the Law of Precipitation, which will be explained in a later chapter of this lesson, they may use these excess credits to bring into their lives some wished-for good. Cosmic credits are “treasures in heaven” which may be exchanged for something greatly desired here on earth — once we understand how this is done.

Also, when cosmic credits accumulate beyond a certain point without the individual using them, Nature takes a hand and cancels part of the surplus by bringing some unexpected good fortune into that person’s life. Many unexpected and undreamed-of inheritances or fortunate “breaks” have been traced to some small kindness previously performed. In reality, the credit earned was merely the final one that touched off an accumulation of others used by Nature in bringing about the good fortune experienced.

### *Cosmic Security*

*Only cosmic security makes one really secure*, for if you have not earned enough credits to make material possessions permanently yours, they can be easily lost. Illness, loss of position, or other unexpected emergency may also be the result of insufficient credits in our cosmic accounts. Because so much depends on earning more of them than we need for everyday use, each and every one of us should do all we can toward earning and accumulating cosmic credits.

### *Selfless Service Unselfishly Rendered — Our Greatest Source of Cosmic Credits*

Usually, we think of service as the work an employee performs for an employer. Since any endeavor that contributes to the welfare of people in general is constructive, employees working constructively earn cosmic credits and could retain them *if* they were not compensated for their services. But when they receive and use their paychecks, these credits are automatically canceled — unless they did *more* than was expected of them for which they were *not* paid!

In the Mukulian Empire, work was performed as a moral responsibil-

ity both to the individual and to the Creator and for this reason, was considered as holy and a privilege. For those who aspire to become citizens of the New Order, it must also become a glorified endeavor whereby one serves for the sheer joy of serving. Employees rendering such service become vitally *interested* in the work they are doing, always do their best to produce a superior product, and rejoice in increasing production. They are not clock watchers. Theirs is the dignity of honest work.

The degree of intelligence they use in performing their tasks reflects the thought that lies behind their service, and the enthusiasm they feel is evident in their desire to give more than is required.

These are the plus elements that earn for them excess credits in their cosmic accounts, credits that are over and above those compensated for by mundane compensation received. At first, the only tangible reward may be the pleasure of accomplishment, but in time, their employer will probably recognize the value of these individuals who “walk the extra mile” in working for the interest of the business, and increase their salaries or promote them.

If not, the employees themselves may realize that through the excess service they have rendered, they have acquired more and greater abilities and will seek more responsible and profitable positions through which they may rise to new heights. But even if they remain where they are, they cannot lose, for the excess credits they continue to earn accumulate in their cosmic accounts, and if they do not use them to make their environments ever more harmonious, Nature will ultimately do it for them.

A person does not need to be employed or work outside the home to earn excess cosmic credits. All that is essential is the performance of selfless, constructive service beyond what they are directly compensated for. These may be earned so easily that one wonders why all people have not accumulated enough credits to insure their constant happiness and well-being.

### *Giving of Ourselves to Others*

Performing excess service is the *giving of ourselves* through thought, time, and effort invested in doing for others rather than confining all our endeavor to our own interests. Gestures of thoughtful kindness, such as going out of your way to bring some little pleasure into the life of another, can be very simple, yet mean so much to those they affect! And when you have developed to the point where you begin to relate the incidents in your life, you will realize that these services do not go unrewarded.

Stay-at-home mothers or fathers whose daily tasks earn no apprecia-

ble monetary compensation perform thousands of loving and unselfish acts for their loved ones, all part of the daily routine. Too often, these are seemingly unappreciated, but they result in cosmic credits, which these women, men, or Nature, can use to make their lives happier and more satisfying.

The following shows how easily excess cosmic credits may be earned. Let's say that on your way to work, you meet a person who obviously is quite depressed. Out of the goodness of your heart you give him a pat on the back and an encouraging word, thus directing his thoughts into cheerful channels and brightening the day for him. Certainly, you performed a service for this man, and since what you did was completely without thought of self, it earned at least one cosmic credit for you.

Another simple but practical example of how you might earn cosmic credits has to do with the vegetables or flowers you may be raising in your garden. If you plant only enough vegetables to take care of your own needs or flowers just for your own enjoyment, the work you have done in caring for them serves only yourself so that no excess cosmic credits are earned.

But suppose you put in *extra* time and effort to raise a few more vegetables or flowers than you need or want because you know a worthy person who would be happy to have them. Since you have no desire to be rewarded, or to have the other feel obligated to you, you give him or her this surplus in as quiet and unassuming a way as possible. You would then earn excess cosmic credits, for this is *selfless service unselfishly rendered*.

If the recipient thanks you for your thoughtful kindness, it is only natural courtesy on her part; you have not solicited or expected praise. On the other hand, if you hang around expecting and practically asking for further commendation, your compensation would lie in the thanks extended, and you would earn no cosmic credits. Excess services that earn cosmic credits mean giving for which we neither expect nor desire repayment of any kind.

As Christ stated in His Sermon in the Mount, "Take heed that ye do not your alms (gifts and good deeds) before men, to be seen of them: otherwise ye have no reward of your Father which is in heaven. Therefore when thou doest thine alms, do not sound a trumpet before thee, as the hypocrites do in the synagogues and in the streets, that they may have glory of men. Verily I say unto you, They have (have received) their reward." (Matthew 6:1-2)

His saying this indicated He understood how deeply rooted in human nature is the desire to have our good deeds recognized. He realized that all too many so crave the approval and appreciation of others that they cannot resist calling attention to the beneficial things they do.

So He sought to explain that because the recognition of others *is* their compensation, there would be no further reward "of your Father which is in heaven." To have told them no cosmic credits would accumulate in their cosmic accounts would have been beyond the comprehension of the people of that period.

### *Cosmic Credits — Spiritual Savings*

Excess cosmic credits are like sums of money saved after all the necessary living expenses are taken care of. They are spiritual savings which may be used for pleasures we would otherwise do without, or to offset some misfortune we might otherwise experience. Everyone can have this cosmic security, for anyone can earn these credits. And the more unselfish services performed, no matter how insignificant, the easier it becomes to earn them. Gradually, earning cosmic credits for the purpose of insuring our own well-being ceases to be the motive for such services and we perform them for the warm sense of satisfaction that comes with being able to help another. Then "your Father which is in heaven" will indeed reward you full measure and running over.

### *Surplus Credits Assure Prosperity*

Without a surplus of cosmic credits, there can be no permanent prosperity for individuals or groups of individuals. So if you hope to experience a sense of security and well-being in the foreseeable future, begin now to render the services necessary to earning these credits. Only as you do this may the cosmic debts the average individual often unthinkingly accumulates, be canceled.

As one aspiring for citizenship in the New Order, this is especially important, for the combined amassing of cosmic credits on the part of many, many Lemurian students will be essential to the New Order's becoming a reality. Bear in mind that there is no such thing as something for nothing. Those who would experience this veritable heaven on earth must not only prepare themselves to participate in it but earn the privilege by giving unselfishly of themselves.

Despite its logic, you may at first find it somewhat difficult to accept the fact of an inner, spiritual world reflecting in the outer world we know so well. Yet if your mind is open and you sincerely work at applying what is presented, so much will be proved in your own experience that you can no longer doubt the truths presented in the Lemurian Philosophy. And in time you will *KNOW* they are as explained.

The Mukulian Empire, which was the greatest of all civilizations ever to exist, recognized these truths and raised the children so that they also understood and abided by them. To the people of that incomparable empire, the truths contained in these lessons were the common basis of their lives, as much a part of them as eating and sleeping.

Because this was so, all experienced a degree of happiness and well-being rarely experienced by individuals since. And the Empire grew until it attained a magnificence beyond comprehension even in this day of remarkable material progress.

#### *Can Cosmic Credits Be Rated?*

It would not be possible for the Fellowship to rate services in terms of the number of credits earned as this would obviously vary according to the thought, time, effort, and sacrifice on the part of the one performing the service; and most of all *how beneficial it was to the recipient*. But looking more deeply at your services, what and how much they required of you to perform, can help you keep a rough record of them. As time goes on and your understanding and use of the Lemurian Philosophy deepens, this can help you better determine what your personal cosmic account may look like.

On the following pages are some general levels suggesting degrees of difficulty in earning cosmic credits. This is subjective, though, and something you must weigh for yourself.

#### *Level One*

The first might be simple everyday courtesies and gestures that show others we are thinking of them, less of self. If you are one who struggles to be with people, has tended to keep to yourself, the effort you make to reach out with a friendly smile or word of greeting, to arrive on time or hold a door open for someone, may be more meaningful than you know. Not only can these simple acts have far-reaching effects in the life of the recipient, but you will find your day is brightened just by doing them.

#### *Level Two*

The next level might require looking more deeply and deciding that another's happiness is more important than our own. For example, if you are one who finds it easy to perform simple services and has many contacts with others, you may find your efforts to earn cosmic credits going beyond everyday courtesies to such efforts as letting go of pride in an argument, allowing someone else to be the first to choose when there is an opportunity to do so, showing happiness for another's success or appreciation for his efforts.

Or what about those associations we find difficult? How many credits are earned by sincerely trying to look for the good and to work through a troubling experience with the other person toward mutual understanding? If you tend to find it easy to think of ways to do things for others without hoping for recognition, there may be untold credits to be earned from those quiet acts of generosity and service that only

God and the Elder Brothers may see.

#### *Level Three*

The third level we might be capable of *at our present stage of unfoldment* would be those sacrifices which could affect greater numbers and entail "selfless service unselfishly rendered" at a higher level. Examples might be volunteer work requiring sacrifice on your part, helping others who have suffered a loss, extending self to excellence in service to country, community, or overcoming a personal struggle as Eleanor Roosevelt did in working through her self-consciousness about public speaking to extend greater help to people. Other examples might be an invention or discovery bequeathed to humanity instead of being patented and sold; a book, song or poem that brings enjoyment to many.

Levels beyond this might entail the degree of advancement of an Initiate, Adept or Elder Brother whose capacity to serve and help others is more far-reaching.

While these ideas may prove helpful in considering the many aspects of what it means to earn cosmic credits, it is interesting to consider that even the simplest act of kindness, such as holding the door for someone, may affect many people if it starts a ripple effect in which each person so touched feels a wish to extend this kind of favor to another. This is why it would not be possible to make an exact accounting of how many credits an act may earn, but with each thought and effort to earn cosmic credits, you add that much more goodness to the world and lives of those around you. May the above ideas give you a point for beginning to weigh your own sincere efforts.





## THE MIND

“And God said, Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth.” (Genesis 1:26)

From the standpoint of physical structure, there is not much difference between humans and most animals, the similarity of skeletal forms being little less than amazing. Physically, humans and animals have a surprising number of things in common, such as feet, legs, eyes, and a mouth. Both have similar organs, power of locomotion, and even a brain. Physically, though, many animals have an advantage over humans by virtue of their superior strength and size. What chance would a person have in physical combat with a wild elephant or a tiger, a crocodile or a cobra? Only through the use of defensive and controlling means conceived and brought into being by humans would there be the remotest possibility of our survival.

Why, then, does the Bible state what we know to be a fact — that human beings have dominion over all other living things?

### *The Ability to Think and Reason*

The essential difference between humans and all other forms of life on earth is the possession of *MIND*. The ability to think and to reason makes us superior to creatures larger and physically more powerful. And we owe our progress to our use of this power, from the time when a club was a man's only means of livelihood to the present day when we work with such equipment as computers and space satellites. From the first expressive grunts to the ability to converse fluently with our companions by word of mouth, by writing, and by every up-to-the-minute means of communication, human beings owe our superior progress to this God-given power we call the *mind*.

### *The Brain — A Physical Medium*

All too many consider the mind and the brain to be synonymous, but the brain is merely the physical medium through which the mind expresses. Mind is not a physical organ but *a power and source of energy* as has been proven by scientific tests that show intense mental activity generates sufficient electrical energy to move the needle of a sensitive ammeter. Most animals have brains, but because they do not have minds, they do not have the ability to think or to reason in the same ways or with the complexity of human thought.

Like most powers, the mind may operate benignly or destructively. Depending on the use we make of it, we create for ourselves a heaven on earth or a literal hell. It can bring us serene happiness or utter misery. Yet, most people do not realize that the mind has anything to do with what happens in their lives. They have never learned that undesirable conditions are of our own creation and that through the proper use of our minds, we can produce those that are wholesome, pleasant, and happy.

### *Fulfilling Life's Purpose with Our Minds*

As stated, “the purpose of human existence is to advance from ignorance concerning ourselves and our potentialities to the point *where we are able to consciously control both our environment and our destiny*.” The medium through which we may accomplish these goals is the mind — the proper use of the mind! So it is important, not only to the personal success and happiness each of us desires, but to fulfilling our purpose in *being*, that we learn to control and direct this power so *it always creates beneficially and wisely*.

As you learned from the previous section, God's Plan provides for humanity's becoming ever more noble and proficient. The first step indicating truly worthwhile progress is the attainment of the First Degree of Initiation. To participate in the New Order, or Kingdom of God here on earth, it is essential to become an Initiate. Citizenship in the New Order will be possible only for those attaining this status. And to achieve this goal, it is of greatest importance to learn to properly use our minds.

### *Mental Capabilities*

The first is the ability to reason, by which we associate facts and ideas, resolve effects into basic causes, and predetermine results. Other properties of the mind are memory, purpose, conscience, willpower, and *CREATIVITY*. God is the great Creator, and because God endowed us with mind, we, too, can and do create.

The Initiate has developed these to some extent, as well as other mental abilities mentioned in later lessons. In attaining the various degrees essential to becoming an Adept, there is a gradual *increase* in the ability to use them, and when the goal of Mastership is reached, an individual will have developed full control of her mind and be proficient in all its abilities as well as in all other respects. She will “have mastered everything that can be learned from life on this physical plane of existence.” In other words, such Egos will have advanced “from ignorance concerning ourselves and our potentialities to the point where we are able to consciously control both our environment and our destiny.”



### *Cultivating Your Mental Abilities*

As one looking for greater satisfaction in life, you, too, will find it necessary to work toward cultivating *your* mental abilities. In so doing, you will not only be learning to consciously control your environment, but you will advance nearer to the First Degree of Initiation. With further serious study of these lessons, this attainment will become increasingly important to you.

The main requirement for achieving it is material, mental, and spiritual *balance* in your life and affairs. We will do everything possible to aid you in achieving this, but what you *accomplish* will be up to you. No student who earnestly *tries* should feel any trepidation about being able to develop to some degree the mental abilities discussed in these lessons, or to become more balanced. All that is necessary is sincerely and thoughtfully studying the Philosophy and conscientiously applying the principles it teaches.

Because the Philosophy is reasonable and practical, whenever possible, we try to give a familiar basis for your better understanding of what is being taught. And since it was stated that in endowing people with mind, God gave us the ability to *create*, we believe the following will be helpful to your understanding of how this is possible.

#### *The Ability to Create*

From our early lessons in geography, we learned that land, forests, waterfalls, minerals such as oil and coal deposits, rivers and others are natural resources capable of being used to fill human needs. As they normally exist, though, they are only *potentially* valuable and before they can actually benefit people, someone must expend some effort on them — mental, physical, or both.

For instance, consider a waterfall located in a mountainous area. For ages, it has been roaring as its mad plunge dashed it against the mighty boulders below — but so far, it has been of no value whatsoever to anyone.

Yet, when *discovered*, and someone puts forth the effort to find the best vantage point for viewing its splendor, it begins to take on aesthetic value. When trails or roads are constructed, or created, it has greater aesthetic value since its view is easily accessible to others. Then, because of greater thought focused on the idea, the developer creates places to sit and rest. If the falls are very far from human habitation, overnight accommodations are created, ideally in a way that blends aesthetically and naturally with the surroundings. Now it's possible for many to benefit, some through being able to observe the beauty of the waterfall, and others from an economic angle.

From a practical viewpoint, this natural resource may be of value in several ways, but only as someone thinks of and *creates* means for using it. It is possible to direct the water from the upper level into flumes or ditches for irrigation or for watering cattle. Also, the water may be carried through pipes to afford water pressure below. Or it may be diverted into dams where turbines convert its energy into electricity to be carried to industrial plants, homes, offices, and schools so it may fill human needs.

Taking the creative process to an even deeper level would involve making the waterfall useful aesthetically and practically in an environmentally sensitive way that preserves its important purpose in nature. But until someone recognizes these potentials and uses thought and effort to devise ways to make them available to others, the waterfall is of no practical or aesthetic value. A little thought and you will recognize the same is true of other natural resources.

### *Progress Over the Centuries*

Only two hundred and fifty years ago, people depended largely on their own muscular strength and that of horses to perform the tasks necessary on the farm, in industries, and for transportation — using the same energies and simple implements their forebears had employed for hundreds and even thousands of years before them.

Until that time, people had used only the most obvious natural resources, such as the land they cleared for homes and farming; the trees for building these homes and for firewood; the essential water for themselves, the animals they raised, and for irrigating their crops; and the wind that moved the windmills to pump the water and grind the grain produced on the land. Men's and women's welfare and that of their families *required* that both expend physical effort on these natural resources.

Then, as the result of a simple observation by an alert individual, changes began to occur, for it was found that *steam* was a power that could be harnessed and used to replace some of the demanding physical work being performed by humans. Industry became more important as simple machines were devised to manufacture articles that until then had been made by hand at home. Gradually, as new ideas for useful products occurred to people, other machines were designed and built, or created, to produce them.

### *A New Era Is Born*

After thousands of years, humanity stepped into a marvelous new era. Working conditions became less strenuous and time-consuming, while the home environment improved considerably. Not only did people

generally enjoy the conveniences created by industry, but much of the monotony of their past lives was replaced by a sense of well-being and happiness.

As the use of steam increased, thinking individuals realized that a supplement must be found for the wood being used to convert water into steam. The natural resource, coal, was found to be an excellent source of energy, not only for industrial machines, but for heating homes and other buildings, as well as for driving the steamboats and steam engines human creativity had brought into being.

Then petroleum was discovered to be a source of energy with chemists finding it could be separated into gasoline, diesel fuel and oils that also produced energy. The light given off by kerosene lamps was a great improvement over that of the candles and whale oil lamps used up until then. And with the invention, or creation, of the steam-propelled, and a few years later, the gasoline-driven automobile, a form of what was considered rapid, comfortable individual transportation came into being. Because there were those who used their minds to think and to create, people were provided pleasures and conveniences far beyond those offered by the previous horse-drawn vehicles.

Later, when natural gas was discovered and found to be a source of light and heat, means were developed by other thinking individuals for conveying it to homes and businesses. Kerosene lighting gradually became obsolete since the new fuel was cleaner and less cumbersome. At the same time it furnished brighter light and a more convenient and cleaner form of energy for cooking and heating than any used before.

Enjoying the advantages being developed, people of that period in history were deeply grateful to the wise and benevolent Heavenly Father who had long since anticipated their needs and had so generously provided the natural resources necessary to filling them. But the average person gave little, if any, thought to the fact that the greatly improved standards of living were also the result of intense mental effort on the part of a few individuals. And today, we are much the same!

#### *Other Advances*

Teaching in the schools gradually improved during this period, and more young people became interested in getting an education. Greater leisure and the new method of illumination helped, for evening hours could now be spent studying and reading. Some of the sciences were introduced in schools, prompting many young people to select various fields of science as their life's work.

Because there are natural resources and those who discovered means for using them, ways were found to generate the remarkable energy,

electricity, making possible conveniences and pleasures that at the time seemed nothing short of miraculous. At the flip of a switch, buildings were instantaneously flooded with light. Electricity runs countless household and industrial appliances and machines, all with the least possible effort on our part. It makes possible television, radio, and music systems, and is the energy used in the cars, airplanes, and trains, computers, phones, even satellites and space vehicles.

Because electronic devices operate machinery in most industries today, much of what was previously done by men and women is now performed by automation. Computers and computer-aided machines keep continuous records of spare parts, rapidly assembling everything from masses of information to the robotics that put together microchips and airplanes. They also solve complex mathematical problems and perform countless other operations that once required many tedious hours of labor.

At incredible speeds, computers help surgeons perform the most delicate operations, and enable geologists to understand the composition of the earth, and astronomers to penetrate the outer reaches of space. The number and kind of operations these machines are capable of performing is already fantastic and beyond doubt, they will do much more in the future.

#### *Mind — a Remarkable Power*

That humans were able to think through and contrive such intricate machines appears incredible to thinking people, though others seem to take these wonders very much for granted. Those of two hundred years ago would have been unable to *conceive* that the human mind was capable of such achievements. Marveling as they did at the improvements brought about when steam was first used to perform work ordinarily done by people, they would think our way of life was "out of this world" — too wonderful to be true — that the things we use and enjoy could have been produced only by magic!

They could not possibly have known what a truly remarkable power humanity was given when God endowed us with minds. Even today, when the mind has eliminated the need for much exhausting physical labor and has created countless wonders undreamed of by most people a century ago, all too few realize that they possess this power and are capable of very worthwhile accomplishments through its proper use.

#### *Many More Solutions Needed*

With the increasing world population, demands for electrical power are growing by leaps and bounds, and the natural resources used to produce the various kinds of power are being severely taxed. Much of

the world's cheap fossil fuel supply has been exhausted to the point where expensive and controversial methods are now used to recover oil. Meanwhile, the polluting effects of coal and oil combustion have been a growing concern. People want to improve the environment, and many are no longer willing to tolerate the health hazards and environmental damage caused by the extraction and burning of coal and oil. With the world's great forests being rapidly stripped to make way for economic progress, and others ravaged by disease and pollution, it is apparent that we are nearing the end of an era when wood, coal, and oil can be thought of as responsible sources of energy on a large scale.

Today a whole new era of creativity is being called on so our use of the environmental resources available to us doesn't destroy these very resources and pollute the earth. This is one of the greatest challenges humankind faces today, but just as the Industrial Revolution changed our lives, so too is an Environmental Revolution evolving until humans learn needed lessons about living in greater harmony with nature and sustaining the natural resources we have taken for granted for so long.

The Great Creator has provided well for our needs. Solar, wind, and geothermal energy have become increasingly practical as possibilities awaiting the time when humanity has progressed to the point where it could benefit from them. As people use the same intelligence and ingenuity that brought us out of the horse and buggy period to grapple with today's challenges, other power sources will become increasingly practical and affordable.

Already, one alternative source of energy has been in use for many years in the form of nuclear reactors. Several countries are using this resource, but as we know, atomic power has the serious challenges of its toxic waste and susceptibility to radioactive leaks to be overcome before it can be considered a safe and reliable alternative. However, it has demonstrated the great potential of the atom, even though this potential has only been touched so far.

#### *Cosmic Root Energy — Cosmic Root Substance*

It is common knowledge today that our world and everything relating to it is composed of atoms, minute particles of matter which were long believed to be incapable of being broken down any further. In fact, the word "atom" comes from the Greek, "atomos," meaning *indivisible*. But about a hundred years ago, physicists realized the atom is actually made up of much smaller particles, electrons, protons and neutrons, and later, that even the protons and neutrons forming the nucleus of atoms are composed of infinitesimally smaller particles generally referred to as quarks. As interesting as this may be, we will confine our discussion to atoms. These minute particles (50,000,000 atoms lined up side-by-side would equal one centimeter, or four-tenths of an inch)

float throughout space, invisible to the eye.

The air we breathe, the water we drink, and the foods we eat are all composed of atoms. They form the stuff of the cosmos, the stars, planets, moons, and the earth on which we live. In fact, *everything* whether solid, liquid or gas, is composed of these tiny, invisible particles — the chair you sit on, the house you live in, trees, grasses and other vegetation, and yes, your physical body. In their vast numbers, atoms are actually the natural resource used by God in creating all forms of matter. For this reason, the Lemurian Philosophy refers to atoms en masse as *cosmic root substance*.

Since, despite their invisibility, atoms are matter, yet are now being used as atomic energy, it is evident that they are energy *as well as* matter, it being possible to change one into the other. If people had been ready for this understanding earlier, they would long since have recognized this truth, for trees, coal, oils, and gases are also substances which when burned supply energy. It will be observed, though, that these releases of energy are brought about largely by the human mind and, in the case of atomic energy particularly, at tremendous cost.

On the other hand, some energies are created *naturally*, independent of people or expensive equipment. Most important among them is sunlight, upon which practically all earth life is dependent for existence. Sunlight is the result of hydrogen atoms in the sun being converted into energy by *Nature*. Lightning and magnetism are other forms of energy released naturally. Such spontaneous energies as these, as well as those made available through artificial means, power the universe; so the Lemurian Philosophy refers to the atoms composing them as *cosmic root energy*.

#### *God Is Energy . . . Nature Is Substance*

That a duality of aspect exists throughout the universe must now be evident, with God and Nature being different aspects of the same thing; God appears as energy, while Nature appears as substance. Universal Mind is the fulcrum on which this dual-phased universe is balanced, continuously transforming cosmic root substance into energy and cosmic root energy into substance.

Both consist of atoms constantly in motion. Those comprising cosmic root substance, or matter, move in circular orbits, and the more solid the matter, the more tightly packed the atoms composing it.

On the other hand, atoms of cosmic root energy flow in rays, or waves, or what may be considered as straight lines.

This explanation of natural resources is designed:

- (1) to help you recognize the need for expending either physical or mental effort, or both, on them.
- (2) to help you become conscious of God's loving care in having foreseen our needs and starting natural resources to form far in advance of the time when we would be ready to avail ourselves of them.
- (3) to cause you to think about the graduated, yet rapid progress made in the past two hundred and fifty years *as people made increasing use of their minds*.
- (4) to acquaint you with the nature of cosmic root substance and cosmic root energy which, for greater convenience and to avoid confusion, we will refer to as *life essence*.

Most people don't realize that the atoms composing life essence are a natural resource or that they can be used to create personal good without benefit of man-made instruments. So the next step is an explanation of the manner in which the individual may benefit from life essence. As with all other natural resources, life essence can be of no value to us except as we expend energy on it. In this particular case, the energy to be used is mental — *directed mental activity*.

The section, *The Brain — A Physical Medium*, in this chapter states that mind is a power and source of energy which can operate benignly or destructively. You also learned that it is important "not only to the personal success and happiness each of us desires, but to fulfilling our purpose in *being*, that we learn to control and direct this power so *it always creates beneficially and wisely*."

#### *The Law of Precipitation*

The process through which we create or bring desirable or undesirable conditions or objects into our environments is known as *precipitation*. The mind acts on life essence causing the atoms necessary to its manifestation to gather in ever-increasing proximity until the objective has been achieved. Details of how this is done will be fully explained in the next section.

To precipitate, and only for good, is an ability in which the Elder Brothers or Masters are highly proficient. They are able to cause anything they wish to manifest "right from the ethers." But their ability is the product of many incarnations of practice, while aspirants for citizenship studying the Lemurian Philosophy will be making their *first conscious effort* to use their minds in this capacity. We mention the ability of the Elder Brothers only so you may have a clearer understanding of what the mind is capable of doing when properly developed.

What you will be able to accomplish will be governed by the sincerity of your desire and the persistence of your efforts. Every beginner must keep constantly in mind that the longest journey begins with a single step and that step must be taken from where he is. It is wonderful to know that the Elder Brothers are able to use the Law of Precipitation so readily, but we have yet to develop this ability, and so, we must be content to learn through study and experience.

To be able to precipitate desired conditions and objects into your life is to take an important forward step toward the First Degree of Lemurian Initiation. As we gain greater control over our minds and use them with increasing wisdom, we gain commensurate advancement. Also, our affairs will reflect the tranquility that comes from realizing that through abiding by cosmic principles, we actually do have control over our environments and our destinies.

\* \* \* \* \*

Since the dual aspect existing throughout the universe is one of the underlying principles of the Philosophy and will be expanded on in a later lesson, we encourage you to keep the following in mind:

*Nature is everything exterior to humans and reveals Herself as SUBSTANCE. God is everything interior to humanity and reveals Himself as ENERGY.*

Nature and God, therefore, are but different aspects of the same thing.

*MIND* is the fulcrum upon which this dual-phased universe is balanced.



## THE LAW OF PRECIPITATION

Many have heard the story of Aladdin and his extraordinary lamp which he had only to polish and a great genie appeared to make his every wish come true. While you may at times have wished you had such a device, as you have studied this lesson, have you felt the stirrings of a conviction that you *do* have your own magic lamp? This lamp is a symbol of our own wonderful possession, the mind. It has merely become tarnished from lack of use.

Depending on the nature of our desires, through the proper use of our minds, we may create material benefits as well as spiritual ones such as the love, peace, and security so necessary to a well-balanced and happy life and to the attainment of citizenship in the New Order. In fact, you have used your mind to bring into your life many desired objects and conditions, in effect using the Law of Precipitation you will learn about in this chapter. But because you did not have the benefit of understanding all aspects of this law, your precipitation probably took longer, or was not as successful as it will be once you have this knowledge.

No doubt you have also read or heard about, and may have even tried, one or more of the seemingly magical formulas for creating prosperity that today, seem to be everywhere — in books, seminars, on DVD — all touted by their adherents as having brought wealth and power into their lives. What many do not understand, or neglect to mention, are the cosmic laws governing not only what we should attempt to bring into our lives, but the many other aspects of this process. Understanding these as they are presented in the Lemurian Philosophy can insure that we always create wisely. Without them, there is the possibility that what we bring about can result in our future unhappiness and that of others.

### *The Crucible of the Mind*

You have learned that the mind derives its ability to create through its power to act on life essence. This process takes place in what we call the *crucible of the mind*, the “crucible” being the area in which the mind or mental power is contained. Since the mind is not a physical organ, the crucible is purely a mental concept — a condition of compression brought about by intense mental effort to the point where the necessary atoms accumulate and the desired objective is achieved.

What takes place is a little like what happens when pure carbon gas

is confined in a vessel and subjected to intense pressure. When the pressure is great enough, the gas becomes a diamond. Sufficient *mental* concentration on a desired objective creates a pressure within the crucible of the mind, acting on life essence, and results in the materialization or precipitation of one’s desires.

Since the greater the concentrated attention, the greater the pressure in the crucible and the more rapid the precipitation, obviously, the wished-for objective must be wanted very much. So the *first step* in precipitation is *intense desire*.

### *Step One: Intense Desire*

There was a time when as simple a thing as a stool resulted from a shaggy-haired fellow of long ago wishing very much to have a place to rest his aching back when he did not want to lie down or sit on the ground, something easier to move around than a stone or a log. His constant wishing caused his slow-thinking mind to gradually evolve the idea of a man-made seat. Just as gradually, this prehistoric man, who had likely never used his mind or his hands to construct anything before, laboriously fashioned a crude stool. He *precipitated* that stool just as truly as anything was ever precipitated, and the mental and physical processes he used are just as potent today when our desires far exceed the simple wants of that era.

It has been said that great accomplishments are the result of great dreams. This is good enough to be classed as a statement of cosmic law, for nothing great *can* be accomplished before a mental picture of the objective to be achieved has first been formed in one’s mind. Everything you now have and enjoy in your daily life was at one time merely a concept in the mind of some person who carefully thought it through until she had a clear and definite idea of what she wanted and how to bring it about.

So the *second step* in the precipitation process is to think through and form a mental picture of what you wish to precipitate. In other words, you must be able to *visualize* your desire in its accomplished state.

### *Step Two: Visualization*

That you may understand the full meaning of visualizing for precipitation, let’s assume you want very much to own your own home but present financial stringency makes it impossible. Don’t make the mistake of trying to precipitate a specific amount for the down payment or even the entire cost of the place you would like to own. By concentrating on the money, you may precipitate it, but with it may come

misfortune, such as a severe illness that absorbs the entire amount in doctor and hospital bills. The *home* is what you want, so you will need to imagine, or set up in your mind the picture of the kind of place you would like, for if you truly desire it, and it is right for you, the means will come.

Though it is comparatively easy to visualize our desires, still it requires thought. In this instance, you should first consider the type of setting for the home. If it is to be in the city, the kind of neighborhood you feel drawn to and would be happy in is extremely important. If in the suburbs or in a rural community, and you prefer quiet, peaceful surroundings, you may wish to picture a peaceful neighborhood or a place set on a wooded knoll, perhaps overlooking a lake, a river, or a lovely valley. In any case, close your eyes and, as if seeing the location in a picture, *imagine* the exact setting where you would like your home to be located.

Your precipitation may not result in exactly what you visualize, but it will help you arrive at the site you desire.

With this clearly in mind, begin to plan the *house*, for a home implies a house in which to establish it. You may have always wanted a place with a tile roof, or maybe one with solar panels. Do you want a house constructed of brick, of stone, or do you prefer a frame building? You may want a frame structure with stucco finish in Spanish style. Should it be this or a ranch or multistory type? Which fits best in the setting you have chosen? These are questions to be considered and decided on before you can visualize the house you hope to precipitate.

Next, determine its general size, always keeping in mind what is best suited to your circumstances. Decide the number of rooms the house is to have and make a rough floor plan showing how you want the rooms placed. Only then can you form a true mental picture of the house you desire. After considering the placement of your furniture, staying with each room until, mentally, you have it just as you believe it should be, you will have arrived at the point where you can visualize the house and grounds in their completeness.

Yet, just to picture the site and the structure, no matter how detailed your mental conception of them may be, is to follow the example of Mr. X whose keenest desire was to build a home in which every fixture, including doorknobs, electric switch plates, kitchen and bathroom fixtures, would be of gold. Mr. X devoted the years of his life to making his dream come true and when it was accomplished, he proudly stood with his wife before the front door of their new home.

"Well, Dear," he said, touching the golden doorknob, "at last it is finished and every fixture is of gold!" And with that, he dropped dead. He had achieved his one outstanding ambition. Had Mr. X given greater thought to his wife's and his enjoyment in *living* in such a home as he had envisioned, unquestionably, the end would have been quite different.

Just as it is unwise to simply precipitate the money for a down payment or for the house itself, it is not enough merely to precipitate the house. Again, you may acquire it, but for a house to provide you with comfort, security, and happiness, it must become a home.

In the final analysis, we work toward experiencing the *pleasure* and *satisfaction* afforded by the possession of some desired object or condition. So in this instance, you must also think of your house as fulfilling the purpose for which you wanted it in the first place. You wanted a *home*, not merely a nice building in a good location.

Imagine yourself and family living in the home until you can actually "see" yourself seated in the family room, enjoying the contentment of your activities while the rain, sleet, snow, or other inclement weather beats upon the window panes, enhancing your snug comfort. Or maybe you'd rather imagine yourself lying in the hammock on your broad screened-in porch, the soft summer breezes laden with the scent of honeysuckle and locust blossoms playing around you as you dreamily watch the lights in the distant town coming on one by one.

Or perhaps you see yourself busily preparing dinner, while your children set the table, your husband dries dishes, and your dog lies contentedly nearby. You might think about working around the outside of your house to landscape and plant a beautiful entryway or a garden for flowers, fruit and vegetables, or a place for children to raise animals.

### *Precipitating a Position*

If you really want a position that will afford you a good income and satisfaction in fulfilling what is expected of you, decide first of all what type of work you like and that you can do most efficiently. It is never well to try to precipitate a job or position calling for abilities you do not possess, nor is it wise to seek a position based solely on monetary compensation. If you do not enjoy your work, you will tire of it quickly, detracting from your overall happiness. So use sound judgment and common sense as to your physical, mental, and/or educational qualifications for serving in the type of employment you select.

Having made up your mind about the kind of position you can most



happily and satisfactorily fill, visualize yourself as having it and actually functioning in it, down to the minutest details of the work you believe you will be expected to perform.

You supply the source of your contentment, filling in such details to suit your own taste, for you can have what you visualize if the desire is strong enough to cause you to do what is necessary to precipitate it. Too much trouble to visualize all these things? If so, you may be sure your desire is not sufficient for their precipitation!

#### *Precipitations Should Be for the Greatest Good*

Naturally, good judgment must be used in deciding whether a precipitation is reasonably possible and for one's greatest good. For example, it would be unrealistic for a person who has been deaf for thirty years to try to precipitate perfect hearing without a hearing aid or medical intervention. The same would be true of one who desires a high-salaried position that she is not qualified by training or experience to fill successfully. The position might actually be precipitated, but under the circumstances it could not be retained, and accepting it could result only in unnecessary embarrassment.

Also, a desire may be so far beyond one's present means that the physical and mental effort of precipitating and then maintaining it would be so great that all joy in its possession would be lost. Let's take the case of a man who wants a new car even though his own older and less expensive one serves his purpose very well, and he is already struggling with monthly payments sometimes difficult to meet. The wish may be so strong that, when passing a car lot and seeing a car he wanted on sale because the next year's models are coming out, the desire to look it over and sit in it proves irresistible.

Then because he has just been paid, before he realizes it, he's made a down payment and signed his name on the dotted line.

He may believe he has made a good precipitation because he just "happened" to see the car standing there on the lot, the price was reduced, and he had enough money to make the down payment. Frankly, such belief would be only an excuse to satisfy his desire since no thought would have been given the inevitable payments ahead. Desire and visualization are not the only essentials to a worthwhile and permanent precipitation, as you will see.

#### *Step Three: Concentration*

*Concentration* on your objective is the *third step*. The more you con-

centrate on your goal, the more pronounced the effect on cosmic root substance, and the sooner the precipitation is accomplished. So it is recommended that at least five minutes each day be devoted to thinking about and visualizing what you wish to precipitate.

In addition to these five minutes, whenever you can, think about *what you can do toward making this "dream" a reality*. Doing everything in your power that is necessary to help precipitate the condition or thing you desire is the *fourth* or *action step*. For example, you may want to collect photos that show elements of your objective, or magazine or Internet articles referring to your goal.

#### *Step Four: Action*

In the statement "Even so faith, if it hath not works, is dead," James is telling us that faith is ineffective if no action is taken. In other words, the intense desire, visualization, and concentration of the first three steps may affirm our faith, but they and the fifth and sixth steps are incomplete unless we also actually *do* something toward making our desires come true. Faith must be backed up by works.

*Earning Cosmic Credits* These "works" are the services beyond those usually performed, which earn cosmic credits *over and above* those required to supply our normal needs and desires. Bear in mind that there is no such thing as something for nothing! If you bring a desired condition or object into your environment, you must compensate in some way.

If you have previously rendered enough excess service, you will have credits in your cosmic account to secure the precipitation and to keep it. If not, the joy in bringing the desired objective into your life will be fleeting, for not having *earned* it, you will be unable to retain it. And since you can't be certain of how you stand cosmically, the importance of earning surplus cosmic credits to insure the precipitation can't be overestimated. Once you have the credits, your precipitation is permanent. No one can take it from you.

We mentioned an instance of someone who did not have sufficient cosmic credits to take care of a precipitation and used poor judgment in buying a car he could not afford. He assumed an obligation he was unable to carry since his previous indebtedness indicated that his cosmic account was already in the red. So he ultimately lost not only the car but the payments made on it. Remember that borrowing money is not the same as earning the credits and saving the money ahead of time. Working with money in cosmically sound ways will be thoroughly covered in Lesson Two.



Precipitation is not a magic process to be blithely entered into without giving the matter good thought. If your desire is beyond your means, it indicates that at present, your cosmic account is low in credits and that it will be necessary to earn more. If you want to precipitate into your life something major, it may even be necessary to prepare yourself to perform more important services that will earn more money. And if credit buying has resulted in monthly payments that limit your present circumstances, obviously, your account in the cosmic bank has been overdrawn and you will need to accumulate more cosmic credits before attempting any further precipitation.

*Practical Steps* While earning excess cosmic credits is essential, often it is only *part* of the action needed. In finding employment, for instance, this further action would consist of opening channels through which the job or position you want can come to you. This may be done by talking with or writing managers of establishments you believe you would like to be associated with or using other approaches that may occur to you.

Do all you can to aid the precipitation of your desire, for the old adage, "God helps those who help themselves," conforms perfectly to cosmic principles.

Your ultimate employment may be with none of the firms contacted, but the thought expended in doing everything you could will have served to concentrate the necessary atoms to the point where the position best for you and all concerned is offered to you.

If you are seeking a life's companion, set up in your mind the characteristics you would like such a person to have as well as interests you would like to have in common. Visualize the companionship and home life you would enjoy together and affirm the precipitation as an already accomplished fact. As always, excess cosmic credits must be earned through selfless service performed. Also, since there must be a way this individual may be brought into your environment, it would be important to find ways to meet congenial people of the opposite sex.

If you suffer poor health, you may be wondering if it is possible to precipitate an improved physical condition. Cures *have* been brought about through the proper use of the mind, and it is possible that you may greatly improve your problem by adhering to the simple suggestions made here and in Lesson Four. Far more is involved in the relationship between the mind and the physical body than most people realize, and for this reason, health will be discussed extensively at that time.

It must be remembered that the average individual has only the most superficial knowledge concerning the physical body and the causes that bring disease. So what one may do in trying to improve her quality of life is not always sufficient or correct. Often, the professional help of a physician, surgeon, acupuncturist, chiropractor, or dentist is most essential in diagnosing and correcting a physical condition.

If you have been suffering for some time and have not yet done so, we suggest that you use the action step by seeking and then following competent medical advice. In addition, visualize yourself as free of the symptoms troubling you and engaging in activities you can't manage now. Do this as often as possible, at the same time affirming your good health — "I am health, God in action, manifesting in and through my life and affairs now and forevermore." While you may not be able to actually perform these activities for some time, visualizing and affirming your good health will result in an optimistic and expectant attitude that is most important to ultimately realizing your precipitation.

Again, you must be realistic, for if you are an older person struggling with arthritis, or suffer a physical handicap, it may not be possible to overcome these disadvantages at this stage of your progress. But you can learn to *live with them*, alleviate the pain, and be happy *if* you will refuse to let your thoughts dwell on the restrictions or the suffering experienced. Keeping occupied both physically and mentally, and repeatedly affirming health, peace of mind, happiness, harmony, or any other statement or prayer that displaces thoughts of discouragement or self-pity, will lighten what must be borne.

This brings us to the *fifth step* — *maintaining a cheerful, confident attitude* concerning the outcome of your precipitation.

#### *Step Five: Maintaining a Cheerful, Confident Attitude*

You must *believe* that what you are doing will bring the result you want! Some find it very easy to have this faith while others tend to *hope* this procedure will work while at the same time *fearing* it will not.

They never seem quite able to overcome an inherent and lingering skepticism, much as they may wish it did not exist. Because it does, they can't concentrate on the visualization of what they desire. So the pressure within the crucible of the mind does not build up sufficiently for precipitation to take place.

Because we do not ask students to accept anything on the basis of blind belief, we have given reasonable explanations in this and previous chapters of this lesson. Some continue to find it difficult to believe

that the mind has anything to do with what happens in their life and affairs. Only observation of their own experiences can prove to them that it does. To help all students arrive at this realization, artificial prompting in the form of affirmations may be used, for affirmations can be helpful to any who use them.

*Affirmations* Repeating the following affirmation often and earnestly will create an increasing sense of inner well-being:

*"I am peace, God in action, manifesting in and through my life and affairs, now and forevermore."*

Say it out loud and with conviction whenever you can. At other times, repeat it mentally until it runs in your mind automatically. Gradually, as you do all in your power to create only harmonious relationships and work with your personal problems, you will achieve or precipitate that desired sense of well-being.

The first phrase of the affirmation may be changed to conform to any precipitation you want to bring about. If you desire to improve your circumstances or bring a new condition into your life, rephrase it to conform to your wish, as "I am happiness, God in action, manifesting in and through my life and affairs, now and forevermore" or "I am living in security, God in action" and so on. If you are trying to precipitate a home, a car, or any definite *thing*, the affirmation starting, "I am wealth, God in action," etc., will be helpful. If it is a home you wish, then the word "wealth" would represent the home; if a car, the word "wealth" would represent a car.

An affirmation relating to the condition or object you want to bring into your life should be repeated whenever you concentrate on it. In this way, any thoughts of failure that may intrude are diverted while at the same time, you are helping yourself maintain that cheerful, confident attitude which is the fifth step in the precipitation process.

One way to help your understanding of precipitation is to look back over your life and find something you've already precipitated. It may have been your first car, an animal you wanted to raise, a dress for a special occasion, golf clubs, guitar or pair of shoes. Or you may have precipitated your first apartment, job, or recreational vehicle. Anything you felt was needed in your life that you desired intensely.

Next, try to remember how long you worked to obtain the item or condition and what you did to bring it about. Did you look at pictures of what you wanted, posting them on the wall in your office or room? Do you remember the time you spent imagining yourself using this item,

how you dreamed of yourself happily enjoying it? These were parts of the visualization, intense desire and concentration steps of precipitation. Did you save money? Did you go to look at various models wherever such items were displayed? These would be action steps, as would talking to others who had knowledge of the thing you wanted to obtain. How did you earn credits?

If you think back and carefully analyze some of your prized possessions or rewarding moments and how you obtained them, you may begin to see that you followed many of the steps without knowing it. But most of all, you will find that you rarely, if ever, registered a negative thought about the precipitation or the cost. You simply knew you would have it someday, and were patient.

In using the Law of Precipitation, you are trying to bring something desirable into your life — something that will make you happier. It should be pleasant to think about, so *think about it and enjoy it* even while it is in the process of precipitation, never permitting yourself to think of any reason why it could not come about.

The reason people experience so much they do not like is because they *think* more about the things they *do not want* than they do about the ones they want, and actually precipitate them! If we want favorable and pleasant conditions to manifest in our lives, we must *think about such conditions* rather than those that are not to our liking. By maintaining a cheerful, confident attitude toward our precipitations at all times, life essence (cosmic root substance and cosmic root energy) will respond to this mental expression of faith, and if all else is right for it, will bring the desired good into our lives.

*Cosmic laws always work.* There need be only one exception and chaos would reign throughout the universe. So don't try them *hoping* they will work for you but *fearing* they will not. Instead, do all you can to cooperate with them, and the results you desire are inevitable.

"And Jesus answering saith unto them, Have faith in God.

"For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith.

"Therefore I say unto you, What things soever ye desire, when ye pray, believe that ye receive them, and ye shall have them." (Mark 11:22-24)

This brings us to the *sixth step*, which is *silence*.

### *Step Six: Silence*

The *sixth step* in the precipitation process is that of avoiding all unnecessary conversation about what you are trying to do, holding the idea firmly in the crucible of your mind. The result is that the pressure is maintained so the desired condition or object may precipitate in your life. Too many have worked on an idea they sincerely wanted to accomplish only to see the entire thing come to nothing because they could not resist telling someone about it.

By talking, they removed the lid from their mental crucibles, releasing the pressure before precipitation could occur. By refraining from discussing or even mentioning to others what we have in mind and observing the steps just outlined at every opportunity, more and more pressure is built up until precipitation must take place. It is much like using a hand pump to inflate an air mattress or a raft. We pump until exhausted, rest awhile, then pump some more, and in this way eventually build up the necessary pressure.

Talking to others about your precipitation before it is complete can have another adverse effect: you run the risk of attracting negative comments from your listeners. They may tell you it can't be done, causing you to doubt your ability or the information you are given. As a result your enthusiasm drops and the pressure built up in the crucible of your mind is released. They may even become jealous or envious and work against you, for by taking them into your confidence, you make it possible for them to operate in your environment. (The matter of working in the environment of another will be discussed a little later.)

On the other hand, sometimes it's essential to write the Fellowship for counsel concerning a precipitation. This is in the same category as employing a competent architect to draw up plans for your house, or placing applications with various companies when seeking employment, or consulting an authority about your health, any of which is an action step essential to the precipitation you have in mind. As long as you stay focused, the pressure is not released when writing the Fellowship since your teacher will be en rapport with your idea and want to help you.

### *Cosmically Correct Precipitations*

As you move through this study, you will become more and more impressed with the fact that a mutual relationship and interdependence

exists between all principles of truth, and that it is practically impossible to explain any one of them without discussing others. This is particularly true of precipitation, for while we have discussed this matter in detail, the beginning student must also consider certain relative factors if his precipitation is to be cosmically correct in all ways.

Understanding these factors will help you toward a better comprehension of basic truths in general. As you study these supplementary explanations given in question and answer form, you may come to realize that it is never wise to make too specific statements about any one phase of truth, for when we *fully* understand, we know that all are influenced to a degree by all the others. This will become increasingly clear with your good study of future lessons.

(1) *Is it possible that what you wish to precipitate may be harmful to another?*

To attempt to precipitate under such a condition would be contrary to cosmic law. To seek to benefit at another's expense will inevitably result in your own loss since by the Law of Cause and Effect, *for every action there is a reaction that is equal in force but opposite in direction*. The fact that most of us, in ignorance and unconsciously, have violated the law in this and other respects is largely responsible for undesirable conditions in the world today.

(2) *Is what you have in mind to precipitate constructive in nature, or is it likely to be put to a destructive use?*

The creator of anything destructive ultimately suffers the reaction of causes put into operation. In times past, and in ignorance, all too many have done something of this kind, bringing much sorrow today. We study truth and cosmic law to help us think and act with greater discrimination and wisdom so that *all* effects will be good and conducive to happiness.

(3) *Are you qualified to handle your precipitation once it is brought into being?*

Many people precipitate objects and conditions which, while fine in themselves, bring only grief and unhappiness because they are unable to benefit from them. The purchase of a car one is unable to pay for, a home so large and luxurious it is beyond one's ability to pay for or care for properly, or a position one is not qualified to fill are examples of what is meant.

(4) *Are you attempting to precipitate for some adult other than yourself?*

Cosmically, one does not have the right to work in the environment of another unless asked to do so. When God endowed human beings with mind, He gave us the power of self-determination, which is the right of each adult to decide for himself what he will or will not do without compulsion by another.

As you will better understand with greater insight into the principles of the Lemurian Philosophy, to do for others what they are capable of doing for themselves is to deprive them of opportunities that could result in their further development. For this reason, it is cosmically wrong, even though your sole desire is to be helpful. Only when asked should you do this *and even then, discrimination should be used*.

Obviously this has no effect on the little courtesies and acts of consideration and interest which are part of our everyday associations. Otherwise, opportunities for rendering kindly services to others and the accumulation of cosmic credits would be eliminated.

Nor would it apply in situations where individuals are in desperate circumstances, and the need for help you can supply is obvious. Because Christ understood how the Law of Cause and Effect operates, He stressed the second commandment, "Thou shalt love thy neighbour as *thyself*," going on to explain that on this and the first commandment, having to do with our love of God, "hang *all* the law and the prophets." (Matthew 22:39-40) By this, He meant that when we *truly* understand and comply with these two commandments, we could violate no cosmic law and so would be in control of our lives and our destinies.

We shouldn't use the principle being explained as an excuse for not becoming involved and perhaps inconvenienced by helping people who find themselves in circumstances they can't overcome through their own efforts alone. How well Christ understood our tendency to pass by the helpless and the troubled is well demonstrated in His parable of the good Samaritan (Luke 10:30-37), told two thousand years ago!

To refrain from acting in the environment of another applies mostly to giving unasked-for advice and aid in marital, business, religious, and major health problems through which others may have important lessons to learn. It refers, also, to the disposition of so many to "set others straight" when they appear to have some mistaken ideas. If you tend toward doing such things, restrain your impulses and give yourself time to think before speaking, for in such instances, silence is truly golden.

In discovering how the Law of Precipitation works, many students would like to use it to help a loved one who is undergoing some dif-

ficulty. On the surface, this appears very commendable, for it is an unselfish and loving desire. On the other hand, to do so may deprive this person of an opportunity through which he or she may make some growth mentally. One may precipitate only for self and for his or her minor children.

This need not be disappointing, for usually, the hope is to help someone in one's immediate environment — a husband or wife perhaps, whose business is not prospering or who is unhappy in their work. Or it may be a parent whose illness not only makes one unhappy, but whose care imposes a hardship. While you may not directly precipitate prosperity or satisfaction for the one, or good health for the other, you may precipitate a condition of harmony *for yourself* that can be helpful in alleviating and finally correcting difficult situations for all concerned.

In the first instance, if your husband's business is not prospering, work at precipitating a condition of material well-being for yourself and your children. Since this depends on the state of your husband's business affairs, by the action of the law, they must improve. He may get new ideas in connection with his work, or something will change, making increased income possible.

If your husband is unhappy in his present position or your parent's poor health causes you anxiety and difficult physical exertion, visualize your home untroubled by anything disturbing or distressing. See yourself enjoying a free and happy relationship with your husband or parent and enjoying relaxing, together or alone.

*Precipitating for Children* While we cannot precipitate for other adults without interfering with their right of self-determination, parents are free to precipitate for their children who have not yet reached twenty-one when they, too, will be on their own cosmically. Until that time, the parents are responsible for the welfare of their children and this requires working in their environment. And in doing what they believe best for their children, students of the Lemurian Philosophy can also begin early to teach their offspring some of the truths *they* are learning. As these young people gradually become familiar with the principles of the Philosophy and how to use them in their childhood affairs, they will begin to develop the good judgment necessary to a balanced and satisfying adult life.

*Praying for Others* Many students have asked how this applies to praying for family, friends, or world conditions. In recent years there has been considerable research and publicity given to the beneficial results of prayer. Not only does our connection to a higher spiritual source bring greater peace and purpose to our lives, but we recognize

that positive thought can have a far-reaching benefit when used wisely. Everyone faces trying circumstances in their lives, such as a health problem, fear for the well-being of a loved one, tragic personal or world events. So, too, are there hoped-for goals with job promotions, financial or educational success, and countless more. It is natural at such times to turn to God and the Great Ones.

In the Lemurian Philosophy you are learning that to precipitate for another adult “may deprive that person of an opportunity through which he or she may make some growth mentally.” And as you consider well-meaning prayers in which one visualizes and asks for a specific outcome for another — recovery from a serious or debilitating illness, a hoped-for job promotion, etc. — it becomes clear that to do so is much like a precipitation and may inadvertently act in the environment of another. Much as we may hope our prayer will help in a positive way, in our limited understanding we could not know if what is being experienced may be for a specific purpose.

*So, how do we pray for and lend our support to another?* If we offer our prayers with the hope for *whatever may be for the greatest good*, it can bring an assurance that our prayers are helping, and those we care for are in good hands. In their wisdom and compassion, the Elder Brothers can and will aid those we love in all ways that are in keeping with cosmic law and help assure the greatest unfoldment for the Ego in need. If it means a difficult challenge continues, understanding that all is well, and the person you love may be gaining significant progress through this experience, can bring a deep sense of assurance. Your prayer for the greatest good of all concerned lends support and the positive thought you want to add without intruding on the learning of another. So, too, does your prayer for or precipitation of peace in your own environment lend its indirect but very potent help.

To pray for world peace, goodwill, or harmony are more general yet powerful means of adding energy to the Lemurian Power Reservoir, which you’ll learn more about in a later section of this lesson.

(5) *Since we are merely students of the great truths of the universe, how can we be sure we are creating wisely at all times?*

This perception “grows” on us as we try always to operate in accord with cosmic principles, so that we gradually *acquire* the necessary wisdom. For this reason, we must learn to turn to the Elder Brothers through prayer when working on a precipitation. As we earnestly ask their help and guidance in that it may be *for the greatest good of all concerned*, they will do everything possible to prevent our creating anything that will cause hurt to another and result in our own unhap-

piness. To ask their guidance is most important since others are often *indirectly* affected by our precipitations.

(6) *Do you tend to become impatient or lose faith because your desire does not materialize as quickly as you would like?*

Not only is time required to accumulate necessary cosmic credits, but the unsatisfactory conditions now operating in your environment are the result of wrong thinking or action over *many years!* To break these down takes time.

While several large precipitations have been explained, precipitation is not a magic formula but a power of the mind that is tied closely to cosmic laws. It should not be used by a beginner in the study to try to bring about *important* changes in his life and affairs within a short period. The ability to accomplish really significant, happy, and permanent results is predicated on a person’s balanced understanding of and devotion to the entire Philosophy.

Over many, many years of wholehearted and patient effort, the *Elder Brothers* have acquired a balanced understanding of everything there is to learn as human beings and so no longer encounter problems as we do. They have gained the wisdom and command of their minds that make it possible for them to *control* what happens in their lives. Also, their power of concentration is so highly developed and their knowledge of all things so all-encompassing, it is possible for them to precipitate an object in seconds.

Yet, for students only beginning to learn something of the mind and its functions to bring important changes into their lives and affairs in a few short weeks, or even months, is obviously impossible. We must learn to walk before we can run, and learning to walk is the result of many trials and the gradual strengthening and coordination of muscles. To ultimately attain the abilities of the Elder Brothers, you must work at developing and strengthening your mind, and this may be accomplished to some degree by using the Law of Precipitation.

*Start Simply!*

*Begin with simple goals.* Because much practice is essential, it is recommended that the student precipitate, one by one, *a number of simple objectives* that are needed or give pleasure. For the time being, lay aside all thought of the major precipitation you may have in mind and start precipitating some minor objective such as a particular book, a short trip, article of clothing, plant, tool, good outcome of some immediate circumstance, or the time and proper conditions for study.

When one precipitation is completed, start another simple one, and then another, gradually strengthening your understanding of this law.

Always bear in mind that you must do all you possibly can toward accomplishing even these small precipitations. Where materials and equipment are necessary, as in making a new desk or a gourmet meal, begin assembling what you will need, for at this stage in your progress, this is as much a part of the action step as placing applications for a job and accumulating cosmic credits. If you sincerely try to do what is necessary, you will discover that in the most surprising ways, things necessary to your precipitation seem almost to drop in your lap!

What the Elder Brothers are able to accomplish, all can accomplish, but *only* as we are sufficiently interested in doing what is necessary to fulfill our purpose in life. The mind offers far more intriguing possibilities than any unexplored planet. Yet, comparatively few have cared to explore the mind's potentialities, the average person seemingly content to use less than ten percent of her mental capacity.

To a degree this is understandable since, after leaving school, many become so occupied with making a living, keeping up the home, and recreation, that they make little conscious effort to cultivate their minds.

Yet, the time has come in the Great Universal Plan when increasing numbers must attain Initiation and this can be done only by using the mind. Fully aware of the need for instruction in achieving the balanced thinking essential to Initiation, the *Lemurian Brotherhood* has released the Lemurian Philosophy which may be studied at home.

So, not only have the means been provided for sincere individuals to work toward achieving Initiation and citizenship in the New Age civilization to be, but the inconvenience, as well as loss of time usually spent traveling to and from classes, are eliminated. And eventually these courses will be available online. All that is required of students is that they discipline themselves so they may take advantage of what has been provided.

Before trying to precipitate any objective, however simple, we earnestly recommend that after your first reading of this lesson, you reread it, giving careful consideration to all its contents. So far, you could have gained only a superficial comprehension of this material, and *much* more than this is essential to your good understanding of what has been released.

Here again are the *Six Steps of the Law of Precipitation*:

- (1) Intense desire.
- (2) Visualization of the desired condition or object.
- (3) Concentration on the visualization plus the appropriate affirmation. (The use of the affirmation for wealth or peace of mind is probably most applicable to the first simple precipitations you will attempt to bring about.)
- (4) Action — earning additional cosmic credits and doing everything in your power otherwise that will be helpful to the materialization of the condition or thing you desire.
- (5) Maintaining a cheerful, confident attitude concerning the outcome of your precipitation.
- (6) Silence regarding the precipitation except when essential to its materialization or when writing the Fellowship concerning it.

It is extremely important that you follow the sequence carefully, for to overlook any part of it can cause you to fail to bring about the desired result. As previously explained, practice in bringing into your life several more or less simple objectives will strengthen the mental abilities involved. Later, this growth will enable you to undertake something more difficult and more significant to you. But *begin now to polish your Aladdin's lamp!*

As you study the operation of this law when applying it to your personal affairs, it will become evident to you that the Elder Brothers had a far-reaching motive in making this the basis of training for Citizenship. As a New Age citizen, you will be able to provide a new measure of stability for the world following Armageddon. You will have become a working unit within an ever-expanding group of clear-thinking, constructive people who will have firmly established the nucleus for a new world based on the tenet that none can prosper permanently except as each individual citizen thereof prospers, and that no individual member may hope to prosper permanently except as society as a whole prospers.

#### *Choosing Your First Simple Precipitations*

Obviously, your precipitation goals will vary greatly and just as with the earning of cosmic credits, a way of rating your precipitations can help you estimate how much time and effort each will likely involve.

### *Rating Your Precipitations from 1 to 5*

A precipitation in the *Level 1* category would be the simplest and easiest to accomplish, while *higher level* goals would be increasingly difficult. Here are some theoretical precipitations that would likely fall under the various categories:

#### *Level 1:*

A simple possession (a tool, jewelry, clothing, small appliance, furniture)  
Becoming more proficient at a simple task (cooking, cleaning)  
Organizing your closets/kitchen/garage/basement  
Choosing and purchasing an easily cared for pet (fish, hamster)

#### *Level 2:*

Changing jobs  
A simple surgery or other medical procedure  
Helping children with homework (become more interested in school)  
A modest home remodel or improvement  
Being accepted at a school

#### *Level 3:*

Working through a family crisis  
Marriage counseling or improving a challenging association  
Helping a troubled child  
Starting your own business  
Approaching your employer about work conditions or a raise

#### *Level 4:*

Running for public office  
Overcoming a severe phobia, fear, or traumatic experience  
Working through a major illness or injury  
Dealing with the loss of a home or job  
Making a major move to an unfamiliar area or new country

#### *Level 5:*

Having or adopting a child or children  
Working through the loss of a spouse, child, or other traumatic event  
Performing exceptional service to community or country  
Maintaining optimal health when faced with a chronic illness





## THE LEMURIAN POWER RESERVOIR

### *Why We Pray*

All of us have been confronted with problems we believe are beyond our ability to meet successfully, or experienced times when no earthly power can assuage our need for comfort. At these times, we turn to God in prayer, and only those who refuse to observe and accept the evidence of their senses would deny that these supplications often bring almost miraculous results.

Whether they are due to divine intervention or the operation of cosmic law matters little to the average person who is interested only in help or relief from physical or mental pain. Ever hopeful that God will overlook past transgressions, many pray during periodic bursts of religious enthusiasm brought on by emergencies beyond their ability to handle. Yet, when their pleas are taken care of, most think little more about it, experiencing relief and simply *accepting* the help given with no sign of appreciation or thought for its source — until the next time such assistance is needed.

On the other hand, there are some, like you, whose inquiring minds reach out for an easily understood, common sense explanation of *how and why prayer works* as it does. How is it that God can attend to the countless requests addressed to Him each day while at the same time conducting a universe of tremendous magnitude? How can God take time to determine which prayers require immediate attention and which troublesome situations should be allowed to run their full course? And how are results *accomplished* for those whose prayers are answered to their satisfaction?

That you may have a more comprehensive and proper understanding of prayer, it is essential that you learn of other matters relating to it. As far as it is possible to do so, we will discuss these at this time.

### *The Great Brotherhoods*

Each of the Great Brotherhoods of Elder Brothers you learned about in the section, *Mental Preparation*, has what might be called jurisdiction over a group of individuals or even an entire race or nation. The term "jurisdiction" simply means that certain groups of human beings are under the *care* of certain Brotherhoods for reasons that should become increasingly clear as you progress with the lessons, for none of the Great Ones would do anything to interfere in the slightest with another's power of self-determination.

These groupings are not necessarily geographical, for those composing each of them may be scattered well over the earth. What makes the individuals comprising any one of these groups similar are certain mental characteristics and tendencies they have in common. For example, when we speak of those of western mind, we are not referring to the location of these people but to their *type of mentality* — their manner of thinking. Some individuals living in the Far East have western minds, paradoxical as this may seem, just as some living in the west have eastern minds. The Lemurian Philosophy is adapted to appeal to those of the western type of mentality — one reason you became interested in this study.

When a person prays or calls for help, her plea first comes to the attention of the Brotherhood she is affiliated with. The following illustration is given as a beginning for grasping what is too abstract to be fully understood otherwise at your present stage of advancement.

### *How and Why Prayer Works*

Have you ever seen the radar screens or monitors used by air traffic controllers to keep track of the aircraft in a given section of the country? Each airplane passes certain information to the control tower by radio. In addition, radar signals relayed to computers give the controller other vital facts. Each plane appears on the controller's monitor with certain markings identifying the type of plane, flight number, speed, direction, origin and destination. Warning systems alert the controller when there is danger from other air traffic. The controller can usually see approaching danger better than the pilot. If something goes wrong aboard the flight, the pilot transmits an emergency signal or calls the tower. Being in constant contact, the controller can advise the airplane about what action to take, where it may land safely, as well as move other aircraft away from trouble.

This simple example can help explain how prayer works, if we think of the Elder Brothers and other advanced Egos as air traffic controllers, and ourselves as the pilots of our own aircraft. The moment we think of praying, express some desire of importance, or make the slightest progress toward our goal, the attention of some advanced Ego is drawn to us. They extend what help they can. If the situation is beyond their ability to handle, an Elder Brother takes over. And if the problem is beyond the Elder Brother, those still more advanced step in. On rare occasions, God becomes involved.

Although air traffic controllers use machinery, the Elder Brothers need none, of course. These more advanced Egos are always attuned to each other, as well as to Christ and God. They do not have to call to

get the attention of those greater than themselves, for all know instantly when the Egos working under them are in need of greater assistance. Similarly, the Initiates and Adepts who work with us do not have to interpret symbols on a radar screen, but are attuned to us, no matter where we are on earth. They know our predicament even before we can register a prayer, but they do not always help us in the ways we might wish.

While the prayers of the average individual are addressed to God, all pass through the same process and in only very rare cases is it necessary for one to pass on to God. But in all instances, the moment one voices a plea, it is known, and in most instances the Great Ones know of the problem *before* it manifests in our life.

So it is that those with greater understanding than ours serve us *and* God by helping us handle problems and situations beyond our knowledge and ability. At the same time, God is relieved to attend to infinitely more important tasks.

We trust that you will accept this information as it is given for now. In later lessons the planes beyond the Physical will be explained more fully. Time and thought are needed to absorb these subjects. While some may feel they understand it all quite clearly, the time will come when your deeper understanding will be tested, and you may appreciate the difference between a surface understanding and the knowledge of these truths needed for us to use them in accordance with cosmic law.

There is no weird sorcery about matters relating to truth, but always a simple, logical, and thoroughly sound and practical explanation for everything. With this in mind, it is reasonable to suppose that the High Initiates, Adepts, and Elder Brothers who help us must have some *great source of power* to draw from when we ask or pray for help.

#### *Where Does this Power Come From?*

That you may more readily understand what this power is and how it is made available, it will be helpful to compare the human mind to an alternator on a car. While the car is running, the alternator not only produces all the electrical current necessary to keep the engine going, for the lights, radio, and other devices, but it turns out *surplus* energy that is shunted to the battery. Here it is stored for use when the engine is not producing fresh current.

Earlier in this lesson, you learned that mental activity also generates energy. When a person thinks intently, concentrating his thought on

something he wishes to do, he creates sufficient energy not only to accomplish his purpose, but a surplus, for each of our minds is an individual generator, capable of producing more than we consume.

When we are thinking *constructively*, the thought energy that is not used for what we have in mind is neither lost nor dissipated. It is drawn by a magnetic force known only to the Great Brotherhoods into large storage places, or Reservoirs, that serve a purpose like that of a storage battery in a car. This surplus thought energy is kept there for future use. Bear in mind that it is not the constructive *thoughts* that are drawn into and stored in these Reservoirs, but the *energy* generated by them.

The surplus energy generated by *destructive, negative thinking is deflected* by the force which attracts only the good and therefore cannot penetrate these Reservoirs or in any way reduce the potency of the beneficial power stored there.

The fact that surplus constructive thought energy is not lost or wasted is God's wise provision for the emergencies into which people are so prone to precipitate themselves when unusual speed and power are required to extricate them. When the Masters became aware of the great potential of this force, the various Brotherhoods directed it into repositories under their jurisdiction to be used for the benefit of those who sorely need the help that may be afforded them.

#### *Energy is Drawn from the Reservoirs*

When we pray, the help extended us is taken from these storage places of power for good. Our prayer or plea causes our spot on the "radar" to flash, and the contact is immediate. Then, according to the state of our cosmic account and to the extent that those far wiser than we know to be for the greatest good of all concerned, as well as in accord with one other factor to be explained later, the power necessary to answering our prayer is released.

In extreme emergencies resulting in tremendous emotional or physical shock, or excitement, contact with an advanced Ego is often made unconsciously with power released immediately from one of these Reservoirs. We have all heard or read of instances when, in going to the aid of another or in attempting to escape some dire situation, an individual seems to possess superhuman strength or ability otherwise beyond him.

How often in our *own* experience have we exhibited incredible endurance during periods of stress? How many times have we heard of one seemingly at the end of his rope suddenly experiencing a surge of in-

spiration that made it possible for him to overcome the difficulty and proceed with renewed ideas and enthusiasm? These are instances of thought energy being released to us in response to unformed prayers.

We believe that comparing the operation of the Reservoirs to the operation of the human sympathetic nervous system will give you a still better understanding of the circumstances under which prayers reach God.

#### *How Contact with Help Is Made*

Between our brain and our hand, for example, there operates what is called a plexus or network of sympathetic nerves which is, in effect, a little brain. If we accidentally touch something hot, this nerve plexus causes an instantaneous muscular reaction and our hand is jerked away before we are aware that we have touched something hot. If the hand has been blistered, the plexus sets up the first measures for relief, directing a flow of lymph to the spot.

So far, the activity corresponds to what takes place in a sudden emergency when help from the Power Reservoir is practically instantaneous. As the plexus takes its immediate remedial measures, the message that you have been hurt travels to the brain and you become *mentally conscious* of the fact. When the mind becomes aware of the burn, you examine it, and if you find it needs further or more important treatment, your mind determines what you are going to do about it. (All this occurs so rapidly as to seem simultaneous to those who have little knowledge of the human nervous system.)

This latter action of the mind is similar to God's action when help from the Power Reservoir is inadequate. When the Elder Brothers and those others who have charge of the constructive thought energy stored there are unable to meet a situation effectively, God takes whatever further steps are deemed best for the individual and all others who may be involved in the answering of the prayer.

Each Brotherhood has its own Power Reservoir, and all who come under the jurisdiction of the *Lemurian Brotherhood* contact the *Lemurian Power Reservoir*. You may easily decide whether you come under the care of this Brotherhood by the satisfaction and pleasure you experience in receiving the information being made available to you through the lessons of the Lemurian Philosophy.

#### *Surplus Energy Must Be Replaced*

Obviously, humanity cannot continue interminably to extract power from these Reservoirs unless commensurate energy is returned to

them. And as you know, there is no such thing as something for nothing. So for any and all help received, individuals should compensate by returning to these Reservoirs constructive energy over and above that used on their behalf.

If everyone did this, there would always be sufficient power to help others when it is in the best interest of all concerned. Unfortunately, this is not the case, one reason for the shortage being that very few know anything at all about the Reservoirs and the energy they attract or of their benefits to humanity. Another reason is the tendency of so many who pray to accept the help they receive as a matter of course, with no thought of gratitude or of compensating in any way.

But the *greatest* deterrent to an abundance of this remarkable power is the tendency of the average individual to think negatively rather than constructively. Thinking that causes individuals to be intolerant, resentful, unkind, skeptical, and pessimistic is negative and destructive. Fortunately, means were devised by the Elder Brothers to prevent the energy from this type of thought energy from being drawn into the Reservoirs.

Constructive or positive thinking serves to encourage and build, and is characterized by such mental attitudes as faith, kindness, love, and cheerfulness. The mental attitude that prompts one to speak a friendly word, give a pleasant smile, and perform excess service is constructive. This type of thinking generates surplus energy that is attracted to the Reservoirs and later used by the Great Ones to answer the prayers of the millions who daily turn to the Almighty Father for aid and comfort. And it is this kind of energy that must be returned to the Reservoirs in ever-increasing amounts.

Tasks of a beneficial nature requiring deep concentration generate constructive energy, some of it being in excess of that needed. For example, you wish to write a letter to a friend who has suffered a great sorrow. Such a letter is difficult to formulate, for you want the message to be comforting and conducive to the peace of mind of the individual you are writing. It cannot be dashed off in a hurry but must be thought through carefully. Because you are thinking of your friend's well-being, you concentrate intently on what is to be written. As a result, your mind generates not only sufficient constructive thought energy to accomplish your purpose but a *surplus* that is automatically drawn into the Lemurian Power Reservoir.

#### *How Your Lemurian Study Adds to the Reservoir*

We also generate a surplus of this energy through the daily thought

given the Philosophy and its application in our life and affairs. For example, precipitating, visualizing the desired objective, and repeating an affirmation in connection with it are expressions of positive thinking, indicating hope and confidence. Energy created in this way that is not necessary to the precipitation finds its way to the Reservoir. The *thought* given to earning the necessary cosmic credits also creates surplus energy that is drawn into the Reservoir.

Though surplus energy is generated in these and other ways, the amount reaching the Reservoirs only partly offsets that used daily to help those in need. So every effort should be made to generate *additional* amounts and add substantially to the power they contain.

*The quantity of this surplus energy should not be left to chance!*

Having learned of these marvelous storage places, students of this Philosophy should feel a certain responsibility for consciously and deliberately adding to the power contained in the Lemurian Power Reservoir.

Only as you sincerely and humbly begin using these principles can you realize their effectiveness. If it is truly your desire to gain the most from life, minimize nothing you have studied in this lesson. Discard nothing as impractical or theoretical. Only as people understand and properly use the laws of the universe may they unlock the resources of Nature and gain power. Only those who consciously seek to apply these principles may expect Initiation and Citizenship in the New Order.

Other than the suggestions made so far, you probably wonder how you can add further to the needed energy. What else can the average person do to make really significant contributions to the Power Reservoir?

#### *How to Add Constructive Thought Energy*

- 1) Try to become more observant *of* and give thought *to* the wonders of Nature and God so often taken very much for granted.
- 2) Look for and speak of the worthwhile qualities of associates previously criticized.
- 3) Think about performing little kindnesses that bring pleasure and comfort to those you live and work with.

In these ways, you develop the ability to think constructively, and since such thinking is selfless, *all* the energy generated is drawn into the Reservoir.

4) Visualize your current precipitation. The discussion of the Law of Precipitation recommended that you devote at least five minutes a day to thinking about and visualizing the objective you wish to bring into your environment. We now suggest that you either extend this time five minutes or start another visualization period each night just before sleep.

5) Do a retrospection of your day. Begin by gently closing your eyes and saying the Twenty-third Psalm mentally or aloud. If you have not memorized this prayer, a copy is enclosed at the end of this chapter to help you do so now.

Following its thoughtful repetition and with eyes still closed, think back over the day for one instance that pleased or gave you happiness, reliving it in thought. It may be a very simple incident such as seeing a baby's shining eyes looking up at you with a smile. It could be the sight of a hummingbird whose whirring wings kept it seemingly motionless while sipping nectar from a nearby flower, an unexpected kindness done for you, or seeing a kindness performed for another. If the most pleasurable event of the day is especially significant to you, it will come to mind instantly, but even a minor incident may have raised your spirits enough that you won't need to review the day to remember it.

By reliving the details of this instance in memory, not only do you add surplus thought energy to the Lemurian Power Reservoir, but you fix such happenings in your mind so the thought of them brightens other days when you may feel depressed. Whether or not the event is outstanding, always close by giving thanks that such things occur.

6) Count your blessings. Sit with closed eyes and mentally list and express gratitude for some of the many things, conditions, and people without which your life would be more or less desolate. At the same time and with eyes still closed, imagine the energy created by this constructive thinking being a stream of light flowing from your mind to the Reservoir. That this may be done more realistically, the Elder Brothers have given us the following description of this wonderful storage place.

The Lemurian Power Reservoir is situated on a mesa higher than the surrounding mountains with nothing to close off its full beauty from those able to "see" it. Because it is an extremely large square structure, it would appear rather flat were it not for the vast dome that covers it. The walls are of clear, glistening crystal, the beneficial power stored within causing them to gleam with blue-white splendor in the sunlight and to emit a soft white glow in the light of the moon.

The huge dome is covered with small crystal-like stones so cut and arranged that when the sun or moon shines down on them, shades of blue, yellow, green, and violet mingle and twinkle happily. Into this dome the thought energy is drawn, while large etheric condensers compress and store it in the huge room or Reservoir below. Obviously, only those of high spiritual attainment and great wisdom would be in charge of this unusual storage place and entrusted with the care and distribution of the remarkable power it contains.

#### *Affirming the Good*

You may not give out *anything* but that sooner or later, Nature balances the scales and responds in kind. This is the law — the Law of Action and Reaction. So if you sincerely want a pleasanter, more satisfactory way of life, make a habit of concentrating on and affirming *the good* for at least five or ten minutes a day, and before long, you will find your life gradually becoming as you would have it be. Once the “magic” of constructive thinking is discovered and made habitual by great numbers also interested in the manifestation of harmonious conditions here on earth, the energy flowing into the Reservoirs will become so tremendous a power that good will become the controlling element in the world.

As a matter of fact, when creating this Reservoir thousands of years ago, the far-seeing and wise Elder Brothers realized that a vast reserve of beneficial power must be made available for the integration of the New Order. Although more than energy is essential to the fulfillment of this magnificent undertaking, an abundance of constructive thought energy is necessary, not only to its becoming a reality, but to its expression afterward. Even at that remote period, the Elder Brothers realized that only those who caused their personal lives to become more as they would like them to be, could become part of what is to be the most glorious civilization of all time.

#### *Our Responsibility to Add to the Reservoir*

At this time, the major responsibility for continuing to accumulate energy in the Lemurian Power Reservoir rests with students of the Lemurian Philosophy. It is true that others of naturally cheerful and confident disposition contribute to the power stored there, but because they are not aware of the fact, they are not considered sufficiently *dependable* sources for the purpose of the *Lemurian Brotherhood*.

To help in making the Kingdom of God here on earth a reality, we must *consciously* extend ourselves. And as one earnestly wanting to become a part of such a civilization, you can no longer be content to think, “I am only an ordinary person with little influence. What could

I possibly do toward correcting world conditions?” *You can do a great deal* if you will conscientiously follow the simple instructions presented throughout the Lemurian Philosophy, for like those explained so far, all are designed for the purpose of helping humankind build a better world.

Far from being overly idealistic, the deliberate and continued attention to good, pleasant, hopeful, cheerful, appreciative thought is *true prayer*, and there is none among us who could not profit from following the admonitions of Paul to “Pray without ceasing” and “hold fast to that which is good.” (1st Thessalonians 5:17, 21; also, Philippians 4:8) It takes years of practice and unusual self-discipline to completely shut out negative thoughts. But even one attracts a train of others which the mind mulls over and over in an endless circle, resolving nothing. And just as we precipitate desirable and beneficial effects through concentrated *positive* thought, so do we precipitate undesirable and detrimental ones through concentrated *negative* thought.

#### *Sidestepping Negative Thinking*

When a negative thought — fear, anger, judgment of another — enters your mind, lose no time in repeating again and again an affirmation you have decided to use in such an emergency. “I am harmony, God in action, manifesting in and through my life and affairs now and forevermore,” may be used with good results. The first phrase may be changed to “I am constructive thought,” or any other similar idea. Thoughtfully repeating the Lord’s Prayer or the Twenty-third Psalm will also prevent the mind from dwelling on the negative.

Every aspirant for citizenship in the New Age civilization should consider it a personal *responsibility* to think and act and talk constructively, and to a far greater degree than necessary to satisfy personal needs. Beyond these are the needs of other good but troubled people who, at the present time, have no understanding of these matters and for whom potential citizens should feel a natural compassion and desire to be helpful. Transcending these motives is that of wishing to do all you can to contribute constructive thought energy to the Lemurian Power Reservoir for the use of the *Lemurian Brotherhood* in carrying out their Great Plan for building the New Order. Only those who contribute to its building in this, and other ways you will learn about, will become a part of it.

There is a lot to think of in regard to the Lemurian Power Reservoir and how you may contribute to the thought energy stored there. But little has been said about the compensation that may be yours for trying to be as constructive as possible in thought, word, and deed. This will come, of course, through the answering of your sincere and

earnest prayers. And since the necessary help usually comes through the Elder Brothers, Adepts, or High Initiates, sincere and conscientious students of the Lemurian Philosophy should strive to become more and more en rapport with them.

*From the beginning, think of the Elder Brothers as dear and wise friends who wish to be of help to you whenever possible.*

When praying, address them as “Dear Elder Brothers,” following with a simple explanation of the situation in which you need their aid. Try to feel that one or more are very near and talk to them as naturally as you would to anyone else. But when asking for the help you hope they will give you, always do so with the understanding that your prayer will be answered only as they know it to be for the greatest good of all concerned, including yourself. And when closing your talks with them, think of and thank them for all the good that is yours.

In time, as you learn to talk to them with increasing ease, you will come into a greater awareness of their presence and their interest in you. You will also become increasingly conscious of the infinite love and compassion of the Almighty Father to whom all their service is dedicated.

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*The Urgency of Spiritual Development*

From time immemorial, people have pursued that elusive intangible, happiness — enjoying it for brief periods only to lose it in the fear and insecurity that seems to lurk just around the corner. Even though these periods of happiness have not lasted, there has always been the hope that through our own ingenuity and hard work and God’s help, we could eventually earn permanent happiness.

In recent years, another element has jeopardized even what peace of mind and happiness we have known. Powerful subversive forces seek to hold not only individuals, but nations and races in a state of fear and uncertainty, undermining their God-given right of self-determination, fomenting hatred and violence as a delusive solution to people’s age-old problems.

All the affected countries are taking whatever steps they feel will best protect their citizens and way of life, but unfortunately, these steps are only temporary expedients. The only *permanent* protection against such forces is a spiritual one, and what the world really needs is an international resurgence of *spirituality* — a spirituality that will bring all people together in mutual harmony.

The unconscious yearning and deep need for spiritual guidance in human hearts is as great, if not greater, than ever before.

True spirituality is not a sign of weakness or fanaticism, but a sound, practical, workable essential of our development and welfare.

We have reached a crossroad in human destiny, and since the foreseeable future seems to offer only increasing violence, sectarianism, and war, we must do whatever is necessary to find a firm and permanent footing. The guidance men and women need now cannot be based on untried theories or personal ideas of what some individual thinks might be best. It must rest on vast experience and a complete understanding of human nature. And since it is spiritual understanding and development people are lacking, this guidance must emanate from those whose spiritual enlightenment surpasses anything human beings have been known to possess. It must come from higher sources.



*THE TWENTY-THIRD PSALM*

*THE LORD* is my shepherd; I shall not want.

He maketh me to lie down in green pastures:  
he leadeth me beside the still waters.

He restoreth my soul: he leadeth me in the  
paths of righteousness for his name's sake.

Yea, though I walk through the valley of the  
shadow of death, I will fear no evil: for thou  
art with me; thy rod and thy staff they com-  
fort me.

Thou preparest a table before me in the  
presence of mine enemies: thou anointest  
my head with oil; my cup runneth over.

Surely goodness and mercy shall follow me  
all the days of my life: and I will dwell in the  
house of the *LORD* for ever.